



Franklin Regional Swim Team



ACST / FRST Summer Classic
June 25-27, 2010

SANCTION:	This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN10299
HOST:	Avon Community Swim Team 8103 East US Hwy 36 #232 Avon, IN 46123 Franklin Regional Swim Team 350 Banta Street Franklin, IN 46131
FACILITY:	Franklin High School 2600 Cumberland Drive Franklin, IN 46131 Eight-lane 50 meter pool, seating for 750 spectators; Daktronics timing system with touch pads will be used with an 8 lane readout scoreboard. Starting Depth is 5ft Turn end is 5ft Lanes 1 thru 6 will be used for competition and Lane 8 will be used for a warm-up lane. The competition course has not been certified in accordance with 104.2.2C(4). Swimmer 'camping' will be on deck. Franklin Community High School campus is a 100% tobacco free facility.
PARKING:	Free parking will be available in the parking lot on the west side of the high school. Please use door #15 (Athletic Entrance) to enter.
MEET FORMAT:	The meet will be timed finals format with one session on Friday, two on Saturday and two on Sunday. ACST / FRST reserves the right to limit the number of entries in an event to keep within the 4 hour timeline. However, no teams will be broken. The Meet Entry Chair will notify all accepted teams of any limited events.

ENTRY LIMITS:	Each swimmer will be limited to 5 individual events and 1 relay per day. Refunds will be given for swimmers not making the cut for limited events.
ELIGIBILITY:	Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of June 25, 2010 shall determine the swimmers age for the entire meet.
ENTRY DEADLINE:	No entries will be accepted before 8:00 a.m Tuesday May 18, 2010 Any entries arriving before 8:00 a.m. Tuesday May 18, 2010 will not be processed until all entries received during the entry period are processed. Any entries arriving after 5:00 p.m. Tuesday June 8, 2010 will be considered deck entries and are subject to that fee. Deadline may be extended if the meet is not full. All entries must arrive via e-mail (preferred method), US mail, or other parcel carrier. If submitting entries by method other than e-mail, do NOT require a signature. No hand deliveries will be accepted.
MEET ENTRY CHAIR:	Brett Findley Franklin Regional Swim Team 350 Banta Street Franklin, IN 46131 fcswimcoach@yahoo.com
INQUIRIES:	Direct all ENTRY inquiries to the Entry Chair. All other inquiries may be directed to the Meet Director: Mike Moore Avon Community Swin Team 8103 East US Hwy 36 #232 Avon, IN 46123 moore@acstswim.org
ENTRY FEES:	Fees are \$4.00 per individual event/\$6.00 per relay. Deck entries, if approved by the Meet Director and Meet Referee will be \$8.00 for individual events and \$12.00 for relays. There will be a \$1.50 per swimmer surcharge (which will be payable to Indiana Swimming). All checks should be made payable to Franklin Regional Swim Team . Please send only ONE check per team.
DISTANCE EVENTS:	Lap counters (the person, not the device) and timers will NOT be provided by the host club for the 1500m. Swimmers must provide one timer (mandatory) and one lap counter (optional).

ENTRY FORMAT:	<p>Hy-Tek Team Manager meet entry files will be accepted by e-mail, which is the preferred entry method. A confirmation entry list will be emailed back to the person who sent the email entry. All team entries larger than 5 swimmers must be submitted in Hy-Tek file format. Team entries larger than 5 swimmers not in electronic Hy-Tek format will be charged a \$50.00 administration fee. Be sure to age-up swimmers before completing the entry. All times must be submitted in LONG COURSE METER TIMES and be completed to the hundredth of a second. Converted times must use the Hy-Tek time converter.</p>
RULES:	<p>Current USA Swimming and Indiana Swimming rules will govern this meet.</p> <p>Please pay special attention to:</p> <p>USA Swimming Rules 202.3.2 –</p> <p>At a sanctioned competitive event, USA Swimming athlete members must be Under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.</p> <p>Swimwear:</p> <p><i>EFFECTIVE OCTOBER 1, 2009 - USA Swimming Swim Suit Rule (102.9.1 B):</i> In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.</p> <p>Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of June 25, 2010 shall determine the swimmer's age for the entire meet. USA Swimming registration numbers must accompany the entry listed for each name.</p> <p>Coaches: MUST constantly display their current USA Swimming coach credential to gain deck access. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current. Current USA Swimming and Indiana Swimming Rules will govern this meet.</p>
AWARDS:	<p>Ribbons will be awarded for 1st - 8th place for age groups: 8 & Under, 9, 10, 11, 12, 13, 14 and 15 & Over. Age groups will be broken out for scoring purposes in those events that are 10 & Under, 13 & Over and Open to contribute to individual high point.</p> <p>Individual high point awards will be given to the top 3 swimmer in each age group.</p> <p>Coaches should pick up awards at the end of the meet. NO Awards will be mailed.</p>

SCORING:	Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
HOSPITALITY:	A hospitality area will be available for coaches, officials and volunteers.
Concessions:	A full concession stand will be available during all five sessions
ADMISSION:	Spectators \$2 per sessions, 10 & under free Only swimmers, coaches, meet volunteers and officials will be allowed on deck. Parents will be allowed on deck for the 1500m event as each swimmer must provide a counter and timer for his/her swim.
SALES:	Kast-A-Way Swimwear will be on-site for all your swimming needs.
PSYCH SHEETS:	Psych sheets will be available for purchase at the meet for \$5.
T-Shirts:	T-shirts are available for pre-order see attached form
SIGN IN:	Positive sign-in will be utilized for this meet. Positive sign-in means "I'm here. I intend to swim." To sign in, highlight the swimmer's name. To scratch an event, "X" through that event number. Sheets will be taken down 45 minutes prior to the start of the session.
Officials:	All USA Swimming certified officials are welcomed and encouraged to officiate. Please provide the names of any officials interested in participating, along with day(s) and session(s) available, and a contact phone number.
CLERK OF COURSE:	There will be a Clerk of Course located on deck for all 8-Under events. No Parents will be allowed on the pool deck.
WARM-UPS:	Friday Afternoon 1:00-1:45 p.m. Friday Evening 5:00-5:45 p.m. Saturday morning 7:00-7:45 a.m. Saturday afternoon Not before 12:30 p.m. Sunday morning 7:00 – 7:45 am Sunday afternoon Not before 12:30 p.m..

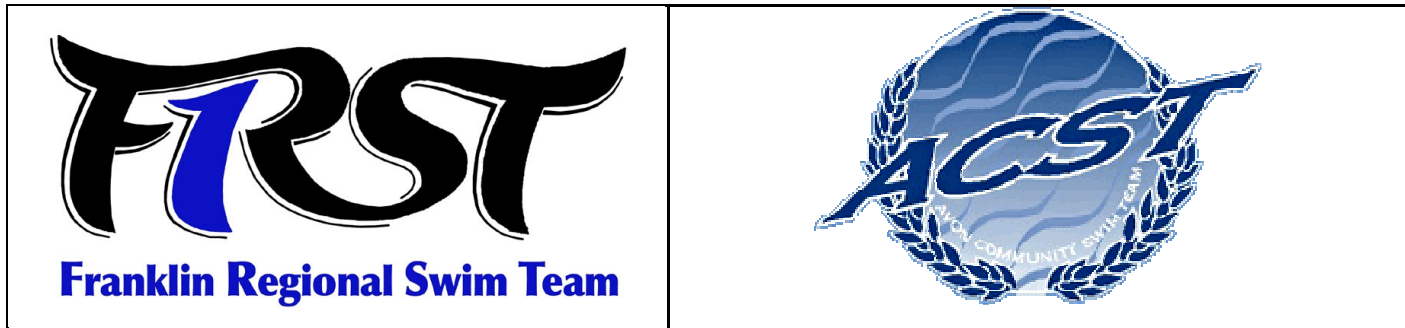
FACILITY NOTES: Franklin High School has been very gracious to our swim clubs in allowing us to use their facilities. It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

1. Keep all trash picked up (swimmers and teams in particular).
2. Do not go, or let children go, in any unauthorized areas. This means any place other than the lobby or seating areas.

Due to USA Swimming insurance requirements, **only** swimmers, coaches, officials, and volunteers are allowed on deck. **There can be no exceptions!** The Avon Community Swim Team and the Franklin Regional Swim Team have security people roaming the deck and locker room areas. If any swimmer, coaches, or spectators is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

Please do not allow wet swimmers into the stands.

Franklin High School campus is a 100% tobacco free facility.



**ACST/FRST Summer Classic
Order of Events**

	Warm-up 1:00 – 1:45pm Start 2:00 pm	
	Friday Afternoon	
Women's		Men's
Event #	Event Description	Event #
1	Open 1500m	2
	Warm-up: 5:00-5:45 pm Start: 6:00 pm	
	Friday Evening	
Women's		Men's
Event #	Event Description	Event #
3	10 & Under 200m IM	4
5	11-12 200m IM	6
7	13 & Over 400m IM	8

9	10 & Under 200m Free	10
11	11-12 400m Free	12
13	13 & Over 400m Free	14



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**ACST/FRST Summer Classic
Order of Events**

	Warm-up: 7:00-7:45 am Start: 8:00 am	
Saturday Morning		
Women's		Men's
Event #	Event Description	Event #
15	13-14 200m IM	16
17	Open 200m IM	18
19	13-14 100m Back	20
21	Open 100m Back	22
23	13-14 200m Breast	24
25	Open 200m Breast	26
27	13-14 100m Butterfly	28
29	Open 100m Butterfly	30
31	13-14 200m Free	32
33	Open 200m Free	34
35	13-14 400m Free Relay	36
37	Open 400m Free Relay	38
	Warm-up: Not before 12:30 pm Start: 1:15 pm	
Saturday Afternoon		
Women's		Men's
Event #	Event Description	Event #
39	10 & Under 100m Back	40
41	11-12 100m Back	42
43	10 & Under 50m Breast	44
45	11-12 50m Breast	46
47	10 & Under 100m Butterfly	48
49	11-12 100m Butterfly	50
51	10 & Under 100m Free	52
53	11-12 100m Free	54
55	10 & Under 200m Free Relay	56
57	11-12 200m Free Relay	58



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**ACST/FRST Summer Classic
Order of Events**

	Warm-up: 7:00-7:45 am Start: 8:00 am	
	Sunday Morning	
Women's		Men's
Event #	Event Description	Event #
59	13-14 50m Free	60
61	Open 50m Free	62
63	13-14 200m Fly	64
65	Open 200m Fly	66
67	13-14 100m Breast	68
69	Open 100m Breast	70
71	13-14 200m Back	72
73	Open 200m Back	74
75	13-14 100m Free	76
77	Open 100m Free	78
79	13-14 400m Medley Relay	80
81	Open 400m Medley Relay	82
	Warm-up: Not before 12:30 pm Start: 1:15 pm	
	Sunday Afternoon	
Women's		Men's
Event #	Event Description	Event #
83	11-12 200m Free	84
85	10 & Under 50m Back	86
87	11-12 50m Back	88
89	10 & Under 100m Breast	90
91	11-12 100m Breast	92
93	10 & Under 50m Butterfly	94
95	11-12 50m Butterfly	96
97	10 & Under 50m Free	98
99	11-12 50m Free	100
101	10 & Under 200m Medley Relay	102
103	11-12 200m Medley Relay	104



ACST/FRST Summer Classic

Travel, Hotel and Restaurant Information

Directions

From Indianapolis

Take I-65 South
 Take Exit 95 towards Whiteland
 Merge onto Whiteland Road/CR- 500 N.
 Whiteland Road/ CR-500 N becomes Main ST E. / E. Main ST.
 Turn LEFT (SOUTH) onto US-31 South. Continue to follow US-31 South
 Turn RIGHT (West) onto Cumberland Drive (KFC at juncture)
 Straight thru stop sign. Take Athletic Entrance (North) to FCHS.
 Athletic Entrance to Pool is on West end of school. Use Door #15.

From Columbus

Take I-65 North
 Take Exit 90 towards IN-44 Franklin/Shelbyville.
 Turn LEFT onto IN-44 (West).
 Follow IN-44 through town to US-31.
 Turn Right (North) on US-31.
 Follow US-31 to Cumberland Drive.
 Turn LEFT (WEST) onto Cumberland Drive (KFC at juncture).
 Straight thru stop sign. Take Athletic Entrance (North) to FCHS.
 Athletic Entrance to Pool is on West end of school. Use Door #15.

Hotels

<u>Comfort Inn</u> 317-736-0480 2122 Holiday Ln Franklin, IN 46131	<u>Howard Johnson</u> 317-738-4448 176 N Lovers Ln Franklin, IN 46131	<u>Quality Inn</u> 317-346-6444 150 N Lovers Ln Franklin, IN 46131	
<u>Super 8 Motel</u> 317-738-0888 188 N Lovers Ln Franklin, IN 46131	<u>Super 7</u> 317-736-8000 2180 E King St Franklin, IN 46131		

Restaurants

<u>Willard Restaurant</u> 317-738-9991 Franklin, IN (*Must be 21 to enter)	<u>Mi Pueblo Mexican Restaurant</u> 317-346-7146 1904 N Morton St Franklin, IN 46131	<u>Athens Restaurant</u> 317-736-8677 1800 US 31 Northwood Plaza Franklin, IN 46131
<u>Applebee's Neighborhood Grill & Bar</u> 317-736-1991 700 N Morton St Franklin, IN 46131	<u>Chili's Grill & Bar</u> 317-736-6162 2299 N Morton St Franklin, IN 46131	<u>Pizza King Station</u> 317-736-5500 2770 N Morton St Franklin, IN 46131

ACST / FRST

Summer Classic T-Shirt Order Form

\$13.00 preorder/\$15 day of event

- .. Place your order early to ensure that we have your size
- .. Swimmers' names will be on the back
- .. **Pay by check or cash @ swim meet**
- .. We will have a limited supply of shirts available at the meet

Please mail or email information by June 11 to:

ACST Gear Sales
 c/o Wendy Caldwell
 8103 East US Hwy 36, #232
 Avon, IN 46123

Note: Do Not send cash or checks.
All payments will be made at the time of t-shirt pickup.
email information to Wendy Caldwell (gearsales@acstswim.org)

Swimmer name: _____

Swim Team: _____

Phone number: _____

Sizes:	Youth M	Youth L	Adult S	Adult M	Adult L	Adult XL	Adult XXL(+ \$1)
Quantity:							

Actual T-shirt design for this meet will be sent to participating clubs after their entry is submitted

Summary Page

Please complete the requested information below and mail with your entry forms and check.
 Make check payable to **Franklin Regional Swim Team**.

Club Name:		Club Code:	
Indiana Swimming Athlete Surcharge: # Boys		+ # Girls	X \$1.50 =
Number of Boy's IEs:			X \$4.00 =
Number of Girl's IEs:			X \$4.00 =
Number of Relays			X \$6.00
Club Official Submitting entry:		Coaches Names:	
Name:			
Address:			
City:			
State, Zip:			
Phone #:			
Email:			

Release and Hold Harmless Agreement:

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges the host club (ACST) Avon Community Swim Team and its Board of Directors, (FRST) Franklin Regional Swim Team, USA Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club (ACST), (FRST), USA Swimming, Avon Community School Corporation, Franklin Community School Corp. and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event

Executed this _____ day of _____, 2010.

Signature of Club Official or Coach: _____

Printed Name of Signature: _____

You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please print the name of your spokesperson:

Entry Method: Email Disk

Results:

How would you like your results communicated:

- Hard Copy (snail mail or .pdf file emailed)
- Meet Manager Backup (emailed)
- Team Manager .c12 file (emailed)
- All of the above

Email address to send above to: _____

Did you include:

- Check
- Hard copy of entries
- I have read the entry letter and understand it

OFFICIALS VOLUNTEER SHEET

If you have officials coming, please let us know. We will appreciate the help from your Officials for any sessions!

NAME	Phone	E-mail	LEVEL	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM

If your team has a Coordinator of Officials, please send:

Name _____
 E-mail _____

USA Swimming

Meet Evaluation Form

Meet: ACST-FRST Summer Classic Date: June 25-27, 2010 Location: Franklin High School

Please complete and return to the Head Table:

1.	Pre-planning	Low	1	2	3	4	High
	Pre-meet information		()	()	()	()	
	Packets		()	()	()	()	
	Hotels and Proximity		()	()	()	()	
	Maps		()	()	()	()	
	Transportation (cost/convenience)						
	a. airlines		()	()	()	()	
	b. car rental		()	()	()	()	
2.	Facilities/General	Low	1	2	3	4	High
	Parking		()	()	()	()	
	Registration		()	()	()	()	
	Restrooms and dressing		()	()	()	()	
	Swimmers' rest areas		()	()	()	()	
	Public Address System		()	()	()	()	
	Spectator Seating		()	()	()	()	
	Warm up/down facilities		()	()	()	()	
3.	Facilities/Competition Pool	Low	1	2	3	4	High
	Pace Clocks		()	()	()	()	
	Scoreboard/timing equipment/computer		()	()	()	()	
	Lighting		()	()	()	()	
	Ventilation (indoor pools)		()	()	()	()	
	Water conditions		()	()	()	()	
	Starting system		()	()	()	()	
	Pool set-up (deck space, media, etc.)		()	()	()	()	
4.	Officials	Low	1	2	3	4	High
	Meet referee		()	()	()	()	
	Assistant referee(s)		()	()	()	()	
	Administrative Coordinator		()	()	()	()	
	Starter (s)		()	()	()	()	
	Announcer(s)		()	()	()	()	
	Chief judge(s)		()	()	()	()	
	Stroke/Turn Judging		()	()	()	()	
	Take Off Judging		()	()	()	()	
	Clerk of Course		()	()	()	()	
5.	General Appraisal	Low	1	2	3	4	High
	Meet administration		()	()	()	()	
	Hospitality		()	()	()	()	
	Awards		()	()	()	()	
	Safety Procedures		()	()	()	()	
	Rate the overall success of the meet		()	()	()	()	
	Rate the overall smoothness of the meet		()	()	()	()	

6. Use back of sheet to list any general comments you would like to make about this meet.

Signed: _____ (optional)

() Swimmer () Coach () Official () Other

Position _____

Title _____

Club _____