

**CENTER GROVE AQUATIC CLUB**  
**10 & UNDER MEET**  
**July 20, 2010**

**Sanction:** This meet is held under the sanction of USA Swimming and Indiana Swimming. Sanction #IN10333

**Host:** Center Grove Aquatic Club (CGAC)

**Location:** Center Grove High School  
2717 S. Morgantown Rd  
Greenwood, IN 46143

**Facility:** Eight-lane course, 25 yard, turbulence control lane markers, Colorado timing system, eight lane digital scoreboard, touch pads, backup buttons and digital watches. Deck area seating and parking are available.

**Eligibility:** Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of July 20, 2010 shall determine the swimmer's age for this meet.

Coaches **MUST** constantly display their USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credentials displayed and/or deny deck access if coach does not comply or card is no longer valid/current.

**Rules:** Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming Rules 202.3.2-At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**Swimwear**

**Rules :** In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**Course:** The competition course has not been certified in accordance with 104.2.2C(4). The water depth at both starting ends is at least 4 feet.

**Format:** All events will be timed finals. **Enter in YARD times.** Be sure that you age-up your swimmers before doing your entry.

**Entry Limits:** Swimmers are limited to 4 individual events. If an entry is submitted with an individual in more events than allowed, the swimmer will be entered into the order of events until the rule is satisfied. We reserve the right to limit the number of entries and any event to achieve a reasonable timeline. Refunds will be issued if events are limited. The meet entry chairman will notify all accepted teams of any limited events.

**Entry Dates:** Entries will be accepted starting June 14, 2010. Entry deadline will be June 28, 2010 at 5:00 pm. We will extend the deadline if the meet is not full. Clubs will receive acceptance notification by e-mail by July 5, 2010.

**E-Mail Entries:** You will need to create a standard Hytek (CL2file) meet entry file on your computer. Allow your computer to zip the file. Submit the file in an e-mail addressed to: cgacmeet@hotmail.com Make sure the subject line of your e-mail identifies your club entries. In the text of the e-mail include a contact phone number in case we need to discuss your entries. You will receive a reply via e-mail to confirm that we did receive your entry.

**IMPORTANT:** Once you receive your acceptance e-mail send the Summary Sheet and executed Release and Hold Harmless Agreement with a check immediately so they will be received by the entry chair at the address listed below on or before July 13, 2010.

**Fees:** The entry fee for this meet will be \$4.00 per individual event, plus a \$1.50 Indiana Swimming surcharge for each athlete entered in the meet. Each relay will be \$6.00. Make checks payable to Center Grove Aquatic Club. **No refunds will be made.**

**Deck Entries:** Deck entries will be accepted provided a reasonable timeline can be maintained. Deck entries will only be accepted from coaches no later than 45 minutes prior to the beginning of the meet. There is a \$8.00 charge for each event payable at the time of entry.

**Extra Costs:** Admission \$3.00  
Heat Sheets: \$2.00

**Check In:** There will be a positive check-in. Swimmers must check in at least 45 minutes prior to the start of the meet. All coaches and officials are required to sign-in upon arrival.

**Clerk:** This meet will be conducted with a clerk of course for 8 & Under only. 8 & Under swimmers should assemble on the bleachers under the scoreboard prior to their event.

**Awards:** Individual events: Ribbons 1<sup>st</sup> - 12<sup>th</sup>  
Relays: 1<sup>st</sup> - 3<sup>rd</sup>

**Facility** Since we are guests at Center Grove High School swimmers, coaches, officials and spectators must abide by these rules:

**Note:**

1. Keep all trash picked up.
2. Do not go or let children go to any unauthorized areas.
3. No sound devices or objects such as balls, radios, etc. that are an inconvenience to swimmers, coaches, officials, or workers will be allowed.

**NO GLASS WILL BE ALLOWED ON DECK!**

Anyone caught abusing the facilities will be asked to leave the meet immediately.

**Meet** Corey Gilbert

**Director:** cgacmeet@hotmail.com  
3611 The Courts  
Greenwood, IN 46143

### Warm-up

**Schedule:** CGAC anticipates splitting the warm-up period into 2 or 3 sessions based upon the number of entries – consideration will be given based upon the number of athletes per club / travel distance, etc.

**Schedule:** Warm-up: 4:30 – 5:45 Meet Start: 6:00 PM

### EVENT SCHEDULE

<b>GIRLS EVENTS</b>	<b>AGE</b>	<b>STROKE</b>	<b>BOYS EVENTS</b>
1	8 & Under	200 Medley Relay	2
3	10 & Under	200 Medley Relay	4
5	8 & Under	50 Free	6
7	10 & Under	100 Free	8
9	8 & Under	25 Fly	10
11	10 & Under	50 Fly	12
13	8 & Under	25 Back	14
15	10 & Under	50 Back	16
17	8 & Under	25 Breast	18
19	10 & Under	50 Breast	20
21	8 & Under	25 Free	22
23	10 & Under	50 Free	24
25	8 & Under	100 IM	26
27	10 & Under	200 IM	28
29	8 & Under	200 Free Relay	30
31	10 & Under	200 Free Relay	32

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**ENTRY SUMMARY  
RELEASE AND HOLD HARMLESS AGREEMENT**

Please fill out the requested information below and mail with your check, payable to Center Grove Aquatic Club, to our entry chair at the address shown.

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Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Total number of swimmers entered \_\_\_\_\_ x \$1.50 each = \_\_\_\_\_  
(Indiana Swimming Surcharge)

Number of **Boy's** individual entries \_\_\_\_\_ x \$4.00 each = \_\_\_\_\_

Number of **Girl's** individual entries \_\_\_\_\_ x \$4.00 each = \_\_\_\_\_

Total number of **relay** entries \_\_\_\_\_ x \$6.00 each = \_\_\_\_\_

**Total amount enclosed** = \_\_\_\_\_

Club official submitting entries:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone \_\_\_\_\_ / \_\_\_\_\_ email: \_\_\_\_\_

**Release and Hold Harmless Agreement**

In consideration of your acceptance of these entries, I intend to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages I or my team may have against USA Swimming and the Indiana Association, thereof, the Center Grove Aquatic Club, Center Grove High School and Center Grove School Corporation, their successors, representatives and assignees, for any and all injuries suffered by myself or my team at this meet.

Executed this \_\_\_\_\_ day of \_\_\_\_\_ 2010.

\_\_\_\_\_  
Signature of Club Official or Coach

**How would you like your results?**

\_\_\_\_ Hard Copy ( mailed & .htm emailed)      \_\_\_\_ Meet Manager Backup (emailed)

\_\_\_\_ Team Manager .cl2 file (emailed)      \_\_\_\_ All of the above

Email Address to send above to: \_\_\_\_\_