



2010 Jammin' July 10 & Under Invitational July 14, 2010

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. **Sanction number: IN10348**
- HOST:** Carmel Swim Club, 300 E. Main, Suite E, Carmel, IN 46032
- LOCATION:** Carmel Aquatic Center
Carmel High School/Eric Clark Activity Center
520 East Main Street
Carmel, Indiana 46032
- FACILITY:** Competition Pool: One 25 yards pool with 8-nine-foot wide lanes each with competitor non-turbulent lane markers. The water depth of the competition pool ranges from 4 feet at one end to 14 feet at the other end. Continuous warm-up, warm-down facilities are available. Colorado Time System 5 will be used. Balcony spectator seating is available.
- PARKING:** Free parking will be available in the lots adjacent to Carmel High School. Additional parking is available north of the pool at the football stadium (approximately 1/3 mile).
- RULES:** Current USA Swimming and Indiana Swimming rules will govern meet. Please pay special attention to USA Swimming rule 202.3.2 – At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision. The 2009 USA Swimming Rules and Regulations Book will be the primary source.
- EFFECTIVE (OCTOBER 1, 2009) USA Swimming Swim Suit Rule (102.9.1 B):**
In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
- EFFECTIVE MAY 1, 2010 USA Swimming Competition Pool Rules:**
The competition course has not been certified in accordance with 104.2.2C(4). 104.2.2C(4): Where a moveable bulkhead is used, course measurement of the lane in which the record was set (American, US Open, or National Age Group Records) must be confirmed at the conclusion of the session during which the time was achieved.

ELIGIBILITY: Age as of July 14, 2010 will determine age for the meet. All swimmers must be currently registered with USA Swimming. These registration numbers must accompany entry. There will not be any USA Swimming registration at the meet. Coaches **MUST** constantly display their USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny access if coach does not comply.

FORMAT: This is a TIMED FINALS, *open invitational meet*. Carmel Swim Club reserves the right to limit select events during all sessions and/or the number of heats in all events if it is deemed necessary to complete the session within the requirements of Indiana Swimming rules. Fees will be refunded for any swimmer cut from an event due to timeline management.

Carmel Swim Club reserves the right to use fly-over starts for all events. Swimmers who miss an event **will not** be placed into an open lane.

POSITIVE CHECK-IN: This meet will be Positive Check-in. Positive Check-in means "I am here and I intend to swim this event". Check-in sheets will be located on the wall across from the locker rooms. **Positive check-in will end at 4:00pm. All swimmers not declaring intent to swim via check-in will be scratched.**

QUALIFYING TIMES: 8 & Under events: **NO time standards**
10 & Under events: **Slower than 2009-2010 Indiana Age Group State Short Course Qualification Times.**

SCORING: All swimmers will be scored according to age as of July 14, 2010.

ENTRY LIMITS: Each swimmer will be limited to four (4) individual events and one (1) relay. There is no limit on the number of relays a swimmer may compete in. If an individual is entered in more than 4 events, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be no refunds.

DECK ENTRIES: Deck entries will be accepted on a space available basis. All deck entries must be complete 30 minutes prior to the meet start time.

ENTRY FEES: All fees must accompany entry. Please make check payable to: **Carmel Swim Club.**

Individual Timed Final Events: **\$3.50 per event**
Relay Events: **\$5.00 per event**

There is also a **\$1.50 per swimmer**, per meet, Indiana Swimming surcharge that will need to accompany each entry.

ENTRY INFORMATION: Enter each swimmer with their full first name, last name, age, and USA Swimming number on the entry. All times must be completed to the hundredth of a second and submitted in **short course yards times**. If a swimmer has not achieved the short course yards time standard for a timed final event, nonconforming times will be accepted; however, they will be seeded behind confirming times. Entries will be accepted beginning on **June 21, 2010**. Entries must be delivered by Email, the US Postal service, or a nationally recognized courier service. We highly recommend using email to deliver your entry. **All entries not submitted via E-mail or on disk will be subject to a \$35.00 data processing fee.** Confirmation of entry will be sent via email. **NO HAND DELIVERIES, NOTELEPHONE ENTRIES AND NO FAX ENTRIES! The final entry date for entries to be received is by 6:00 pm, July 2, 2010.** Teams not accepted will have their entries returned as soon as possible, but no later than July 9, 2010 via E-mail or US postal depending on form of entry. No team entry will be broken. The entry deadline will be extended if the meet does not fill.

All accepted teams entries may be updated until midnight on July 12, 2010. Updated times must be received via email. NO PHONE UPDATES WILL BE ACCEPTED.

This meet will be run with the Hy-tek Meet Manager program. Please mail entries, fees and USA Swimming Numbers to the Entry Chairperson:

Ian Murray
300 East Main Street, Suite E
Carmel, IN 46032
imurray@carmelswimclub.org

CLERK OF COURSE: We will use a Clerk of Course for ALL events. The Clerk of Course will be located on the pool deck near the widows at the shallow end of the pool. All swimmers will be lined up at Clerk of Course to help assure that swimmers do not miss events. We highly encourage coaches to cover check-in, and meet procedures with their new swimmers and parents.

ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK.
This is an insurance requirement of USA Swimming.

RELAYS: Relay cards must list the full name of swimmers competing on the relay (improperly filled out relay cards may result in the relay failing to swim). Include alternates if appropriate. Relay cards shall be returned to the Computer Chair two events before the relay swims. Relays are assumed to be swimming unless a coach marks SCRATCH on the relay card and turns it in to the Clerk of Course.

FINAL RESULTS: A copy of the results may be ordered at the meet for \$8.00. Final results will also be posted at the CSC web site at www.carmelswimclub.org.

AWARDS: Awards will be given for all individual events for place 1-8 in single age groups 6, 7, 8, 9 & 10 places 1-8. **Awards will not be mailed.**

SCHEDULE: (All times are Eastern Standard Time)
Wednesday, July 14, 2010:

Warm-ups: **4:00 PM** Meet starts: **5:00 PM**

ADMISSION: Admission will be charged. Children ages 10 and under are free.

HEAT SHEETS: Heat sheets will be available for purchase by spectators.

MEET DIRECTOR: Paul Williams
300 East Main Street, Suite E
Carmel, IN 46032
(317)569-8735
pwpics@aol.com

MEET REFEREE: Rob Beeler
5780 Hornbill Place
Carmel, IN 46033
(317) 705-1589
rbeeler@doubletake.com

OFFICIALS: The Carmel Swim Club will need the help of your **USA Swimming Officials**. If you have someone that is in charge of your officials please provide his or her name and email address on your entry summary form where requested.

GENERAL INFORMATION:

1. Each team is responsible for its own valuables.
2. Each coach is responsible for the conduct of his or her team.
3. Only swimmers and coaches will be allowed in the deck area. There are three men's and three women's locker rooms on deck.

FACILITY NOTE: The Carmel High School Natatorium is a state of the art facility. It is important that all people attending this meet, whether it be swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

- 1) Keep all trash picked up (swimmers and teams in particular)
- 2.) No flash photography.
- 3.) Do not lean on the rail in the balcony
- 4) Do not go or let children go, in any unauthorized areas. This means any place other than the seating areas, or lobby. Due to USA Swimming insurance requirements **only** swimmers, coaches, officials and volunteers are allowed on deck. **There can be no exceptions!** The Carmel Swim Club will have security people roaming the deck and locker room areas. If any swimmer is caught abusing the building or facility, they will immediately be asked to leave the meet and will be barred from further competition.

ORDER OF EVENTS

<i>Warm-Ups 4:00 pm</i>		<i>Meet Start 5:00 pm</i>
GIRLS EVENT	EVENT	BOYS EVENT
#		#
1	10 & UNDER 100 FREE	2
3	8 & UNDER 25 BRST	4
5	10 & UNDER 50 BRST	6
7	8 & UNDER 25 BACK	8
9	10 & UNDER 50 BACK	10
11	8 & UNDER 25 FLY	12
13	10 & UNDER 50 FLY	14
15	8 & UNDER 25 FREE	16
17	10 & UNDER 50 FREE	18
19	8 & UNDER 100 FREE RELAY	20
21	10 & UNDER 200 FREE RELAY	22

This summary form must be completed and returned with all entries **by July 21, 2010**. Please make certain to include all of the following:

1. Individual entry sheets
2. Relay entry sheet
3. Check for entries made payable to: **CARMEL SWIM CLUB**
5. Computer disk enclosed unless sent via E-mail (must still include printed copy).
6. This summary form, completed

Mail all of the above to: Carmel Swim Club
300 East Main Street, Suite E
Carmel, IN 46032
imurray@carmelclub.org

Club _____ Club Code _____
Number of swimmers entered: Boys _____ + Girls _____ = Total _____

EFFECTIVE October 8, 2007: All sanctioned meet hosts must include a \$1.50 surcharge per athlete, payable to Indiana Swimming.

Number of athletes entered: Indiana Swimming Surcharge: @ \$1.50 = _____
Number of Boys' Individual Entries @ \$3.50 = _____
Number of Girls' Individual Entries @ \$3.50 = _____
Number of Relay Entries @ \$5.00 = _____

TOTAL AMOUNT ENCLOSED = \$ _____

Club official submitting entry: Name _____ Address _____ City _____ State/Zip _____ Telephone (____) _____ (am) _____ (____) _____ (pm) _____

Coaches Names: _____

Please indicate the latest time that we may call in the evening _____

E-mail address _____

How would like your results (mark an X next to all that apply):

Hard Copy (snail mailed OR .htm/.pdf file emailed) _____
Meet Manager Backup (Emailed) _____
Team Manager .cl2 file (Emailed) _____
ALL of the above _____

Email address to send above to: _____

If Carmel Swim Club limits any events please send us a copy of the limited events: Yes ___ No ___

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges Carmel Swim Club, its' Board of Directors, USA Swimming, Indiana Swimming, Eric Clark Activity Center and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold Carmel Swim Club, its' Board of Directors, USA Swimming, Indiana Swimming, Eric Clark Activity Center and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 2010.

Signature of Club Official or Coach _____