



2010 INDIANA SWIMMING OPEN WATER CHAMPIONSHIPS



Sponsored by **speedo**

Lake Clare, Huntington, IN – Tuesday, July 6, 2010
Sanction #IN10345

Important Facts Regarding the Meet

- Qualification Period is July 14, 2009 thru July 5, 2010.
- **Online Entry Deadline Tuesday, June 29 by 11:59 PM (EDT).**
- **Deadline for Addressing ALL entry exceptions / modifications is Thursday, July 1 by 11:59 PM (EDT).**
- **When submitting any subsequent entry files, ALWAYS submit a complete entry file to host not just a file of modifications.** [Files are “overwritten” by Meet Manager.]
- Verification of Entry Times will be done by the Indiana Swimming Office. Any entry that does not have a proof of time standard in the SWIMS database will be posted on the Indiana Swimming website by Friday, July 2nd - 4 PM (EDT). After this posting, proofs will be accepted ONLY via email (lynn@inswimming.org) of scanned results or website URL address (No Faxes) by 11:59 Sunday, July 4th. Any unproven or unverified times must be verified at the Meet before the close of Positive Check-IN
- This is a “Positive Sign-In” Meet
- All fees shall be tendered on or before the first event of the meet.
- All checks made payable to Huntington Athletics, Inc.
- The competition will be organized according to these age classifications:
10 & under; 11-12; 13-14; 15 and over
- New this year, 13-14 year olds swim 2 miles and 15 & Over swim 5K
- Host Club provides swim caps (specific colors) for safety purposes. These are latex caps. Please indicate on Club Entry Form if another material cap is necessary (e.g., latex allergy), and the number of such caps.
- RAIN DATE: In the event of inclement weather, every attempt will be made to run the meet sometime during the day of July 6th. If this is not possible, the Rain Date shall be July 7th – All applicable timelines apply.

Table of Contents

Deadline Checklist	2
Meet Host Information	3
Entering the Meet	4
Order of Events	5
Time Standards	5
Championship Procedures	6
Summary of Events (Required)	9



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ENTRY DEADLINE CHECKLIST

Clubs are encouraged to use these check lists to ensure all responsibilities have been met and to avoid any problems at the meet.

DATE	TIME (EDT)	Description	If applicable - COMPLETED?
Tuesday, June 29	11:59 pm	Online entries must be submitted.	
Wednesday, June 30	11:59 pm	Online entries to receive Entry Report & Exceptions report via e-mail from host	
Thursday, July 1	11:59 pm	Deadline for addressing any exceptions, modifications, deletions.	

AT THE MEET DEADLINE CHECKLIST

DATE	TIME (EDT)	Description	If applicable - COMPLETED?
Tuesday, July 6	7:00 am	Positive Sign in Available	
	8:00 am	Positive Sign in deadline (Swimmers not signed in will be scratched)	
	8:00 am	MANDATORY Clinic	
	8:15 am	Warm ups	
	8:45 am	End of Warm ups	
	9:00 am	Competition starts	



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MEET HOST INFORMATION

HOST

PRO - www.huntingtonmile.org

MEET DIRECTOR

Jennifer Brink jbrink@ivytech.edu

MEET REFEREE

Jennifer Brink - jbrink@ivytech.edu

- Host club is responsible for solicitation of Deck Officials
- All Assigned Officials selected by the Official's Committee

ENTRY CHAIRPERSON

Steve Ackley

Phone: 260-543-2322

E-Mail: info@huntingtonmile.org or ackley@indianadata.com

FACILITY

- Lake Clare/Huntington, Indiana
- Driving & Hotel Information can be found at: www.huntingtonmile.org
- Spectators may sit in the beach area or along the shoreline. Shoreline is somewhat shaded. Please bring lawn/camp chairs for seating. Spectators are encouraged to provide shade/sun block.
- Concession Stand is located in the beach area.

CHARGES

There is no charge for admission

Heat Sheet will be available at the Merchandise Tent - \$2

Parking is free and available in the parking lot and along the shoreline.

ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors who must complete and submit a Report of Occurrence form.

CREDENTIALS

To receive meet packets, ALL coaches and officials will be required to display valid USA Swimming membership cards at all times. The meet referee or designate will inspect all coach and official credential display and/or deny access if the credential is unacceptable. The meet director or designated meet marshal will ask any unauthorized persons to leave the site.

SWIMSUIT LEGISLATION

Effective 6.1.10 by FINA/USA Swimming - In open water swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials with no zippers or fasteners. For both men and women the suit may extend to the ankle and may cover the shoulder. However, they must not cover the neck, extend past the shoulders or below the ankle.

SITE NOTE

All swimmers, coaches, officials, and spectators are asked to please treat this site like it was their own. We will strictly enforce these rules:

1. SMOKING IS **NOT PERMITTED** on the Lake Clare premises!
2. Keep all trash picked up.
3. Do not go, or let children go, in any unauthorized areas.
4. No radios, balls, or any other device that will be an inconvenience will be allowed.
5. For safety reasons, No one will be allowed in the water except registered swimmers during warm-ups/cool downs or competing in their respective event.

Anyone caught abusing the site will be asked to leave the meet IMMEDIATELY!!!



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ENTERING THE MEET

ELIGIBILITY

- Swimmer(s) must be registered with Indiana Swimming to be accepted into this meet.
- Age as of July 6, 2010 shall determine the swimmer's age for the Open Water Championships.
- Swimmers shall have the National BB time for the longest freestyle distance for his or her age group. Pre verification of the entry times is required.
- All swimmers, coaches, and officials must have an ID # registered with Indiana Swimming (see USA Rules 202.3).

QUALIFYING PERIOD

Times must be achieved from July 14, 2009 to applicable entry deadline.

ENTRY LIMITS

Swimmers may enter an individual event as well as a relay if the team has 3 or more swimmers entered.

ENTRY FEES

- \$ 20.00 per individual event entry
- \$ 10.00 per relay entry

The total amount of fees due for **all** swimmers and events entered **shall be tendered on or before the first event of the meet.** If not tendered at the clerk table, the entire team will be scratched from the meet. The Summary of Entries form (page 7) can either be faxed or included with payment. **If you are NOT going to be at the meet at the beginning the Open Water competition, you MUST send your check in a timely manner to be received by Tuesday, July 6-8:00 am.** (If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery.)

ENTRY DEADLINE / ASSOCIATED DATES

- Tuesday, June 29 by 11:59 pm** - All Entries due via the Online Entry System located at www.inswimming.org .
- Wednesday, June 30 by 11:59 pm** - Host will send a Final Entry Report and Exception report (if any) via e-mail.
- Thursday, July 1 by 11:59 pm** - All exceptions / modifications / deletions due back to host.

Entries must be submitted through the Online Entry System on or before Tuesday, June 29 -11:59 pm. Do not convert times on entries. Entering clubs should ensure that they have a current version of Team Manager AND that they have properly imported the meet setup file (download from www.inswimming.org). If manually set up, be sure that entry times are NOT converted.

Host will notify entering clubs within 24 hours of receipt of their entry with both an entry list as well as an exception list if applicable. Host will send a Final Entry Report and Exception report (if any) back to entering club/unattached swimmer via e-mail by Wednesday, June 30 – 11:59 pm. Entering clubs have until Thursday, July 1 – 11:59 pm to address their exceptions. Any entries/ modifications after Thursday, July 1 @ 11:59 PM will be subject to the late entry fee. ALWAYS submit a complete entry file to host , not just a file of the modifications.

Clubs/unattached swimmers that neglected to enter an event(s) by Thursday July 1 -11:59 pm can enter up until the start of the meet. These late clubs/unattached swimmers will be assessed a \$30 Late Entry Fee. This includes any entry time changes.

IMPORTANT REMINDER REGARDING ENTRY FILE

Entering clubs/swimmers need to remember to check all data BEFORE submitting. Entering club / unattached swimmer also needs to check all entry reports (and any exception reports) that the host returns. It is the responsibility of the entering club/unattached swimmer to heed deadlines and be responsible for the accuracy of club entries.



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VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS. Any entry that does not have a proof of time in the SWIMS Database will be posted on the Indiana Swimming website by Friday, July 2 @ 4 PM. After this posting, proofs will be accepted ONLY via email (lynn@inswimming.org) of scanned results or website URL address (No Faxes) by 11:59 Sunday, July 4th. **After that time the Club will have to provide proof of time to the host prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.**

Acceptable verifications are official results from:

- * USA Swimming sanctioned or approved meets;
- * College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations;
- * Websites (provided that the web host address is printed on the copy);
- * Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated

Official results from USA Swimming meets must be printed with either host club's name or IU Natatorium on each page.

OPEN WATER EVENTS

GIRLS EVENT #	AGE	DISTANCE	TYPE EVENT	BOYS EVENT #
1	10 & Under	½ Mile	Individual	2
3	10 & Under	1 ½ Miles	Relay	4
5	11-12	1 Mile	Individual	6
7	11-12	3 Miles	Relay	8
9	13-14	2 Miles	Individual	10
11	13-14	6 Miles	Relay	12
13	15 & Over	5 K	Individual	14
15	15 & Over	15 K	Relay	16

TIME STANDARDS

National BB Freestyle Cuts

GIRLS			EVENT	BOYS		
SCY	LCM	SCM	10 & Under	SCY	LCM	SCM
2:58.29	3:23.59	3:16.99	200	2:50.89	3:13.99	3:08.89
SCY	LCM	SCM	11 & 12	SCY	LCM	SCM
6:40.09	6:00.09	5:50.09	400 M / 500 Y	6:35.09	5:54.39	5:45.79
SCM	LCM	SCM	13 & 14	SCY	LCM	SCM
21:53.19	22:23.09	21:45.59	1500 M/ 1650 Y	20:51.99	21:35.29	20:44.69
SCM	LCM	SCM	15 & Over	SCY	LCM	SCM
21:38.89	22:10.69	21:31.29	1500 M/ 1650 Y	20:21.89	20:49.49	20:14.79



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CHAMPIONSHIP PROCEDURES

TIME SCHEDULE

- ALL TIMES ARE EDT (LOCAL TIME) see Page 2.

POSITIVE CHECK IN

- This will be a "Positive Sign-in Competition". Swimmers are to report to the sign-in table appropriate for their age and sex and report to the Clerk of Course that they are present and prepared to swim.
- At that time the swimmers will be given their swim caps and competitor numbers along with any other information regarding the competition deemed necessary.

SAFETY PROCEDURES

- Different colored swim caps will be issued to swimmers in each age group so that Meet Officials can monitor swimmers progress through the course. Swimmers are required to wear the cap provided. Any swimmer refusing to wear the cap provided at any time during the clinic, warm-ups or competition will be removed from the water and scratched from competition. Swim caps are latex. Please indicate on Club Entry Form if another material cap is necessary (e.g., latex allergy), and the number of such caps.
- There will be a mandatory Clinic for all swimmers and coaches held before competition begins to discuss the course, rules and safety procedures. The Referee may remove any swimmer from competition who does not attend the clinic or is found to be inattentive during the clinic.
- The course will be patrolled by Huntington County Dive Teams as well as American Red Cross Certified Lifeguards.
- Parkview Huntington Ambulance Service will be on service during the event.

WARM-UP PROCEDURES

- The warm-up procedures for the open water events will be described during the Mandatory Clinic for Participants.
- There will be a marked area for continuous warm-up and warm-down.
- Swimmers found in the water outside of this area and not engaged in competition will be scratched from the meet regardless of whether or not they have completed their events.

RULES

- The current USA Swimming open water rules will govern the meet as outlined.
- USA Swimming Rules 202.3.2 - ..USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.**

MEET FORMAT

The competition will be organized according to these age classifications:

- 10 & under @ .5 mile
- 11-12 @ 1 mile
- 13-14 @ 2 mile
- 15 and over @ 5 K

Swimmers will compete as individuals. However, swimmers may also compete on relays.

TIMING

An electronic timing system will be used

ATHLETE ATTITUDE

- Athlete conduct will be governed by Part Seven of the USA Swimming Rules and Regulations Handbook. Intentional obstruction, interference or intentional contact with another swimmer may be deemed "Unsporting Impedance" and lead to disqualification.
- Swimmers shall maintain clearance from other swimmers except at the start, turn, and the finish or where the course or race conditions dictate otherwise.
- Parents and swimmers should be advised that if there are a significant number of entrants, open water swimming may be expected to involve inadvertent contact with other swimmers. It is important that swimmers keep a cool head while in the water.*

COACH SCRATCH BOX RESPONSIBILITY

This is a POSITIVE CHECK IN MEET. Any swimmer not checked in by the Deadline (8:00 AM) WILL BE SCRATCHED from competition.

SEEDING OF EVENTS

There will be a deep water start and finish for each event or combined events.

When there are a large # of athletes entered (80+ per age group), the Meet referee may create multiple heats in specific age groups (12 & Under) for safety. The need for such heats will be determined by the Meet Referee based on the number of entered athletes and the layout of the championship course. If this determination is made at the meet referee's discretion, these procedures will be communicated to teams prior to the competition. These heats should be seeded by using entry times to provide the best opportunity for competition.

RELAYS

Teams submitting entries for three or more swimmers per event will be eligible for relay competition. Relay fees are \$10.00 per each group of three swimmers, per age group, per event, per team and must be entered before the competition. A relay will consist of three (3) swimmers in the same age group/same sex from the same club. The cumulative finishing times of the three fastest swimmers in each age group/sex will make up the A relay. The second fastest cumulative times will make up the B relay, etc. The fastest cumulative time will be used to determine the winners and the place. Relays cannot be made up/entered after the competition.



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SCORING

Individual events will be scored to 16 places as follows:

20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

Relay events are scored as follows:

40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

Team competition will be scored as follows:

The combined points scored by attached members of the team shall determine the team score (including relays).

The Open Water State Championships will be scored separately and independently from any other ISI sponsored state championships.

AWARDS

Individual Events:

1st through 8th place will receive medals.

9th through 16th will receive ribbons.

Relay Events

1st through 3rd place will receive medals.

Team Awards:

1st through 5th place will receive trophies

Ceremony:

The awards ceremonies will be conducted approximately 35 minutes after the conclusion of each Age Group.

Awards will be presented in the beach area.



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SUMMARY OF ENTRIES

Please fill out the information requested below and submit with your payment. Please refrain from sending cash and **make checks payable to Huntington Athletics, Inc.** Thank you.

Send to: Steve Ackley
2700W 525N
Uniondale, IN 46791

NAME OF CLUB _____	CLUB CODE _____
Number of boy's individual entries: _____ X	\$20.00 = _____
Number of girl's individual entries: _____ X	\$20.00 = _____
Number of Relay entries: _____ X	\$10.00 = _____
TOTAL AMOUNT ENCLOSED: _____	

NUMBER OF NON-LATEX CAPS REQUIRED: _____

Club Official Submitting Entry:

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Daytime Phone: () _____

Coaches:

Club Official FAX: _____

Club Official E-mail: _____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assigns, hereby releases and forever discharges the host club and Indiana Swimming, and its Board of Directors, USA Swimming, and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club and Indiana Swimming, USA Swimming, and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Club Official/Coach _____ **Date** _____

*Person who signs above is responsible for any fines imposed on the club.

*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person.

Please list the name of your spokesperson: _____

Did you submit:?

<input type="checkbox"/>	Online entries
<input type="checkbox"/>	Check for entries
<input type="checkbox"/>	This completed form