

VST presents "Big Bang at the Beach"

JUNE 25-27th, 2010

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming Sanction #IN10290

HOST: Vincennes Swim Team
PO Box 468
Vincennes, Indiana 47591

LOCATION: Rainbow Beach
Niblack and Washington Ave.
Vincennes, Indiana 47591

FACILITIES: Rainbow Beach is a 10 lane, 50-meter pool with turbulence control lane markers, electronic timing with back-up system, and printout. Final results prepared by computer. (8 lanes will likely be used for competition)

RULES: Current USA Swimming and Indiana Swimming rules will govern this meet. No entries will be accepted unless the entrant is either registered or certified with USA Swimming. Swimmer(s) must be registered with USA Swimming to be accepted into this meet. Age as of June 25th, 2010 shall determine the swimmer's age for this meet. Coaches must constantly display their USA Swimming credential to gain deck access. The meet referee reserves the right to ask for coaches credential display and/or deny deck access if a coach does not comply. All events will be scored as timed finals events.

USA Swimming athlete members must be under the direct supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

The referee reserves the right to use flyover starts to maintain a reasonable timeline.

COMPUTER: Meet Manager by Hytek will be used. Coaches are welcome to a backup of the meet at the conclusion of the meet. Please bring a thumb/flash drive.

ENTRIES: Each swimmer is limited to 5 events per day plus 2 relays. All times should be submitted in Long Course Meters. All entries are required to be in a hy-tek team manager format and emailed to the entry chair prior to the deadline.

On deck entries will be accepted until the time limit of the session is met. Deck entries of new swimmers to the meet will be accepted if the swimmer can provide a current USA Swimming ID number. On deck entry fees will need to be tendered at the time of the entry.

ENTRY

DEADLINE: Entries must be received by 1:00 p.m. Monday June 7th, 2010. Teams not accepted will be notified by Tuesday June 15th, 2010. Deadline will be extended if meet is not full.

ENTRY CHAIR: Wally Nowakowski
(812) 890-4168
Email: wnowakowski@avenuebroadband.com (primary) AND
walter.nowakowski@partners.mcd.com (secondary)

MEET

DIRECTORS: Anne Pratt and Dave Skinner

AWARDS:

- Team awards (trophies) will be given for first (1st) through third (3rd) places.
- Host team will be ineligible for any team trophies.
- **Individual High Point awards (trophies) will be awarded to the top five (5) swimmers in each age and gender group.**
- Medals will be awarded to the top three (3) finishes in each event.
- Ribbons will be awarded for places 4-16 in all age groups.
- All age groups will receive ribbons for places 4-6 in relay events.
- Heat awards will be given to all Heat Winners.
- The meet will feature Mystery Heat winners!
- **NEW THIS YEAR! HAWAIIAN THEME WITH A SPIRIT AWARD FOR THE TEAM WITH THE MOST HAWAIIAN SPIRIT. ANYTHING GOES!!**

POOL

CERTIFICATION:

The competition course has not been certified in accordance with 104.2.2C(4). Pool depth is four (4) feet or deeper from end to end.

ENTRY

PROCEDURE:

1. Before 1:00 p.m. Monday June 7th, 2010, submit your entries by email on a Hytek Commlink file (.CL2 file) most commonly known as a team manager file.
2. When your team is accepted into the meet, VST will email back to the designated individual an Entry Report for your team. Carefully check this Entry Report and inform us of any errors or variances by email as soon as possible. Deadline for changes is 1:00 p.m. June 8th, 2010.
3. The Meet Director must receive the following before June 25, 2010: Check for payment of all entry fees, executed release and hold harmless agreement (included in this packet), Officials/Timers Sheets (included in this packet).
4. No Times will be accepted but will be seeded slowest behind Long Course Meter times.
5. Keep the original Entry Report emailed to you by VST along with any and all subsequent Entry Reports notifying you of changed or updated entries. These are the official record of your team's entry. No other information will be considered if there is an entry error or discrepancy. No refunds or changes will be made to your team's entry due to your failure to review the reports sent to you by VST.
6. Entries will be accepted starting Monday, May 31st at 8:00 a.m., 2010 up until the previously stated deadline of Monday, June 7th at 1:00 p.m.

ACCEPTANCE

CRITERIA:

If the meet is over-entered, VST has sole discretion to determine which entries to accept. In exercising its discretion, VST will consider the following: Teams will not be broken, Number of Officials/Timers provided by the team, balance of age groups and gender in entry, level of competition, geographic location, VST's acceptance into other team's meets.

FEES:

\$4.00 per Individual Entry
\$6.00 per Relay
\$1.50 per swimmer surcharge to Indiana Swimming
\$6.00 per Deck Entry
\$10.00 per Relay Deck Entry
Make check payable to "VST".

CONDUCT: Swimmers must check in for all events for the day 45 minutes before the start of each session. A swimmer who fails to sign in will be scratched. A clerk of course will be provided for the 8 & under swimmers.

SCORING: Ten (10) places will be scored in individual and relay events. If a club enters more than one relay in an event, only the highest finishing relay team will score.

Points will be awarded as follows:

Individual Events: Places 1-10

11-9-8-7-6-5-4-3-2-1

Relay Events: Places 1-10

22-18-16-14-12-10-8-6-4-2

DISTANCE

EVENTS: Swimmers must provide one timer (mandatory) and one lap counter for the 800 and the 1500 meter events. **Entries for these events will NOT be limited!**

ISI Swim Suit Legislation:

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

NOTICE TO ALL PARENTS AND COACHES

The Vincennes Swim Team (VST) is very grateful to the Vincennes Parks and Recreation Board for the opportunity to use the facilities and pool at Rainbow Beach. We all have a responsibility to protect and maintain these facilities. Therefore, we reserve the right to expel, for the remainder of the meet without refund of entry fees, any swimmer in unauthorized areas, for being rowdy or destructive, or in any jeopardizing safety. Parents and coaches are expected to keep their swimmers under control at all times. It is recommended that all swimmers leave any valuables with an adult. VST, Rainbow Beach and the Vincennes Parks and Recreation Board will assume no responsibility for lost articles.

AREA LODGING:

**Holiday Inn

2720 Battery Road

812-886-6333

(newest in town as of August 2008)

Super 8 Motel (Behind McDonald's on Hart St.)

609 Shirlee St.

Vincennes, IN 47591

812-882-5101

Comfort Suites
2555 Hart St.
Vincennes, IN 47591
812-882-2244

Quality Inn and Econo Lodge
600 Old Wheatland Rd.
812-886-9900
812-882-1479

Session 1 – Friday June 25th

Warm-ups: 12:45pm-1:45pm Session Begins: 2:00pm

WOMENS**1*****OPEN****1500 FREESTYLE****MENS****2*****Session 2 – Friday June 25th**

Warm-ups: not before 3:45 pm

Session Begins: 1 hr after warm-ups begin

3**15 & OVER****400 Meter IM****4****5****13-14****400 Meter IM****6****7****11-12****200 Meter IM****8****9****9-10****200 Meter IM****10****11****15 & OVER****400 FREESTYLE****12****13****13-14****400 FREESTYLE****14****15****11-12****400 FREESTYLE****16****Session 3 – Saturday June 26th**

Warm-ups: 7:00am

Session Begins: 8:00am

17**9-10****100 BUTTERFLY****18****19****11-12****100 BUTTERFLY****20****21******10 & UNDER****100 BACKSTROKE****22******23****11-12****50 BACKSTROKE****24****25******10 & UNDER****50 BREASTSTROKE****26******27****11-12****100 BREASTSTROKE****28****29******10 & UNDER****100 FREESTYLE****30******31****11-12****100 FREESTYLE****32****33****10 & UNDER****200 MEDLEY RELAY****34****35****11-12****200 MEDLEY RELAY****36****Session 4 – Saturday June 26th**

Warm-ups: Not before 12:00pm

Session Begins: One hour after warm-ups begin

37**15 & OVER****200 INDIVIDUAL MEDLEY****38****39****13-14****200 INDIVIDUAL MEDLEY****40****41****15 & OVER****100 BUTTERFLY****42****43****13-14****200 BUTTERFLY****44****45****15 & OVER****200 BACKSTROKE****46****47****13-14****100 BACKSTROKE****48****49****15 & OVER****200 BREASTSTROKE****50****51****13-14****100 BREASTSTROKE****52****53****15 & OVER****100 FREESTYLE****54****55****13-14****100 FREESTYLE****56****57****OPEN****400 MEDLEY RELAY****58****59****13-14****400 MEDLEY RELAY****60**

Session 5 – Saturday June 26th

Warm-ups: Immediately after Session 4 Session Begins: 15 minutes after warm-ups begin

61***	OPEN	800 FREESTYLE	62***
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Session 6 – Sunday June 27th

Warm-ups: 7:00am

Session Begins: 8:00am

WOMENS

63	9-10
65	11-12
67**	10 & UNDER
69	11-12
71**	10 & UNDER
73	11-12
75	9-10
77	11-12
79**	10 & UNDER
81	11-12
83	10 & UNDER
85	11-12

200 FREESTYLE
200 FREESTYLE
50 BUTTERFLY
50 BUTTERFLY
50 BACKSTROKE
100 BACKSTROKE
100 BREASTSTROKE
50 BREASTSTROKE
50 FREESTYLE
50 FREESTYLE
200 FREESTYLE RELAY
200 FREESTYLE RELAY

MENS

64
66
68**
70
72**
74
76
78
80**
82
84
86

Session 7 – Sunday June 27th

Warm-ups: Not before 12:00pm

Session Begins: One hour after warm-ups begin

87	15 & OVER
89	13-14
91	15 & OVER
93	13-14
95	15 & OVER
97	13-14
99	15 & OVER
101	13-14
103	15 & OVER
105	13-14
107	OPEN
109	13-14

200 FREESTYLE
200 FREESTYLE
200 BUTTERFLY
100 BUTTERFLY
100 BACKSTROKE
200 BACKSTROKE
100 BREASTSTROKE
200 BREASTSTROKE
50 FREESTYLE
50 FREESTYLE
400 FREESTYLE RELAY
400 FREESTYLE RELAY

88
90
92
94
96
98
100
102
104
106
108
110

*The 1500 Meter Freestyle will be swum fastest to slowest. This event will be swum as open but scored as 11-12, 13-14 and 15 & Over.

**All 10 & Under events will be swum as 10 & under and scored as 6 & Under, 7-8 and 9-10.

***The 800 Meter Freestyle will be swum fastest to slowest. This event will be swum as open but scored as 11-12, 13-14 and 15 & Over.

**RETURN THIS FORM WITH YOUR PAYMENT
OFFICIALS VOLUNTEER SHEET**

**VST
"Big Bang at the Beach"
JUNE 25 -27th, 2010**

CLUB _____ CODE _____

NAME	LEVEL	EMAIL	FRI	SAT AM	SAT PM	SUN AM	SUN PM

Please indicate how you would like your results:

- Hard Copy
- Meet Manager Backup (Emailed)
- Team Manager Backup (Emailed)
- ALL of the Above

Email address to be sent to _____

RETURN THIS FORM WITH YOUR PAYMENT

VST, "Big Bang at the Beach"

JUNE 25-27th, 2010

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB _____ ("CLUB")

IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE SWIM MEET, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS HEREBY RELEASE AND FOREVER DISCHARGE VINCENNES YMCA, VINCENNES YMCA SWIM CLUB, USA SWIMMING, INDIANA SWIMMING, VINCENNES PARKS AND RECREATION, CITY OF VINCENNES, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, VOLUNTEERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH SAID SWIM MEET AND THE FACILITIES AND PERSONNEL FOR IT. FURTHER, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS SHALL INDEMNIFY AND HOLD HARMLESS VINCENNES YMCA, VINCENNES YMCA SWIM CLUB, USA SWIMMING, INDIANA UNIVERSITY, VINCENNES PARKS AND RECREATION, CITY OF VINCENNES, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, VOLUNTEERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH ANY INJURY TO ANY PERSON, INCLUDING DEATH, OR INJURY OR DAMAGE TO ANY PROPERTY.

THE UNDERSIGNED REPRESENTS THAT HE/SHE IS AUTHORIZED BY THE CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO EXECUTE THIS RELEASE AND HOLD HARMELSS AGREEMENT ON BEHALF OF EACH OF THEM, BINDING CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO THE TERMS HEREOF.

EXECUTED THIS _____ DAY OF _____, 2010

SIGNATURE _____

PRINTED NAME _____

POSITION _____

**Vincennes Swim Team
Big Bang at the Beach
Timed Finals June 25 – 27th, 2010**

This summary form must be completed and returned with all entries by **Monday, June 7th, 2010**. Please make certain to include all of the following:

1. Individual entry sheets
2. Check for entries made payable to: **Vincennes Swim Team**
3. Emailed entries to entry chair.
4. This summary form, completed and mailed all of the above to:

VST
PO BOX 468
Vincennes, IN 47591
(812) 890-4168
email: wnowakowski@avenuebroadband.com

Club Club Code _____

Number of swimmers entered: Boys ____ + Girls ____ = Total ____

Number of swimmers ____ X Indiana Swimming Surcharge @ \$1.50 = \$ ____

Number of Boys' Individual Entries ____ @ \$4.00 = \$ ____

Number of Girls' Individual Entries ____ @ \$4.00 = \$ ____

Number of Relay Entries ____ @ \$6.00 = \$ ____

TOTAL AMOUNT ENCLOSED = \$ ____

Club official submitting entry: _____

Coaches Names: _____

Name: _____

Address: _____

City: _____

State/Zip: _____

Telephone () _____

E-mail address to send above to: _____

Club's USA Swimming Official Organizer: _____

E-mail: _____

Final Results: Final results will be posted at the VST website at www.vinswim.org.

_____ Meet Manager Backup (emailed)

_____ Team Manager .cl2 file (emailed)

_____ All of the above

Email address to send above to: _____

*You may also use your zip/jump drive at the conclusion of the meet for results



These photos show the enormous deck space we have and the diving well that can be used as a warm down pool. This facility can accommodate hundreds of swimmers and spectators. We also have access to a shaded area of the park, with entry back to the pool deck through the adjoining fence.

