



### Important Facts Regarding the Meet

- Qualification Period is March 6, 2009 thru March 4, 2010
- Online Entry Deadline **Friday, February 26 by 11:59 PM.**
- **Clubs/unattached swimmers that neglect to enter an event(s) by Friday, February 26 – 11:59 pm and subsequently enter the meet will be considered late and assessed a \$200 Late Entry Fee + \$10 per individual event.**
- **Deadline for Addressing ALL entry exceptions / modifications is Monday, March 1 by 11:59 PM. ANY/ALL entries / modifications received after the Monday Deadline will be considered late.**
- When submitting any subsequent entry files, **ALWAYS** submit a complete entry file to host, not just a file of modifications.
- All fees including any fines due to late entry shall be tendered on or before the first event of Day 1 of the meet or ENTIRE Team will be scratched.
- Any entry that does not have a proof of time standard in the SWIMS Database will be posted on the Indiana Swimming website by Wednesday, March 3 – 5:00 PM.
- In all individual events, the swimmer is assumed to be swimming unless he/she has been scratched.
- **The current USA Swimming Suit Legislation applies to this meet.**
- ALL TIMES ARE DIVISIONAL SITE LOCAL TIME (Eastern Time).

### Table of Contents

Deadline Checklist ..... 2

Meet Host Information ..... 3

Entering the Meet ..... 4

Order of Events ..... 5

Time Standards ..... 6

Championship Format & Procedures ..... 7

Time Trials ..... 9

Summary of Events (Required) ..... 10



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

Mar 5 - 7, 2010  
Sanction #IN10189



## ENTRY DEADLINE CHECKLIST

*Clubs are encouraged to use these check lists to ensure all responsibilities have been met and to avoid any problems at the meet. Please note there is ONLY ONE Online Entry Deadline!*

DATE	TIME	Description	If applicable - COMPLETED?
Friday, February 26	11:59 pm	Online entries must be sent by today	
Saturday, February 27	11:59 pm	Online entries to receive Entry Report & Exceptions report via e-mail from host	
Monday, March 1	11:59 pm	Deadline for addressing any exceptions, modifications or deletions.	

## AT THE MEET DEADLINE CHECKLIST

DATE	TIME	Description	If applicable - COMPLETED?
<b>Friday, March 5</b>	4:00 pm	Friday events (all ages) scratch deadline	
	4:45 pm	Coaches meeting	
	4:59 pm	All outstanding fees due or ENTIRE team will be scratched	
<b>Saturday, March 6</b>	5:00 pm	Saturday events (12 & U, 14 & U, Open) scratch deadline	
	7:45 am	Coaches meeting	
	11:45 am	Saturday events (10 & Under) scratch deadline	
<b>Sunday, March 7</b>	5:00 pm	Sunday events ( 12 & U, 14 & U, Open) scratch deadline	
	7:45 am	Coaches meeting	
	11:45 am	Sunday events (10 & Under) scratch deadline	
	End of meet	Clubs should check host awards area for any unclaimed awards.	

**ALL TIMES LISTED ARE LOCAL TIME**



## MEET HOST INFORMATION

### HOST

Noblesville Swim Club - NOB  
Email: noblesvilleswim.com

### MEET DIRECTOR

Ed Parrish  
Email: ed.parrish1@gmail.com

### MEET REFEREE

Eliot Van Velzen  
▪ Host club is responsible for solicitation of Deck Officials  
▪ All Assigned Officials selected by the Meet Referee

### FACILITY

Noblesville High School  
18111 Cumberland Road  
Noblesville, IN

### ENTRY CHAIRPERSON

Patty Hance  
Phone: 317-773-3341  
Email: [entries@noblesvilleswim.com](mailto:entries@noblesvilleswim.com)  
Address: Noblesville Swim Club  
c/o Patty Hance, Meet Entries Chair  
17333 Cherry Tree Rd.  
Noblesville, IN 46062-9443

Online entry form located on Indiana Swimming web site  
[www.inswimming.org](http://www.inswimming.org)

### CHARGES

#### Heat Sheets

- Psych Sheet - \$10
- Prelim Heat sheets - \$2
- Timed Finals Heat Sheet - \$1
- Finals Heat Sheet - \$1

#### Admissions

- All Session pass - \$10
- FRIDAY EVENING CHARGE - \$4
- Prelim / 10&U Session - \$4
- Evening Finals Session - Free
- Ages 12 & Under Free

#### Parking – No Charge

Parking lots are located outside of the facility and within walking distance.

### SEATING / ATHLETE AREAS

#### Spectator Seating Capacity

Spectators will be sitting on the east end of the pool. The capacity is just over 300. Overflow seating will be available on

the pool deck. Marshalls will be monitoring the spectator area to prevent seats from being saved

#### Natatorium Entrance

Located at the South End of the facility

#### Swimmer Camping Facility and Location

Camping will be available in the Gym

### ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors who must complete and submit a Report of Occurrence form.

### RUBDOWNS

Rub downs (which use oil or lotion) shall not be permitted on deck. Host club will clearly designate an area where rubdowns are permitted. Rubdowns using oils or other lotions are permitted only in that designated area. Any coach found using rubdown oils or lotions in an on-deck area shall have their deck pass and credentials removed for the remainder of the meet. Any swimmer found using rubdown oils or lotions on deck shall be barred from their next individual event.

### CREDENTIALS / DECK ACCESS

To receive meet packets and to get on deck, ALL coaches and officials will be required to display valid and current USA Swimming membership cards at all times. The meet referee or designate will inspect all coach and official credential display and/or deny deck access if the credential is unacceptable. No other persons except those specifically authorized by the host club as meet workers or support personnel will be permitted on the deck. The meet director or designated meet marshal will ask any unauthorized persons to leave the deck.

### FACILITY NOTE

All swimmers, coaches, officials, and spectators are asked to please treat this facility like it was their own. We will strictly enforce these rules:

1. SMOKING IS **NOT PERMITTED** on School Property!
2. Keep all trash picked up.
3. Do not go, or let children go, in any unauthorized areas.
4. No radios, balls, or any other device that will be an inconvenience will be allowed in the pool area.
5. No posting signage/banners on ANY PAINTED SURFACE
6. No folding chairs will be allowed in the spectator seating area.

**Anyone caught abusing the building/facility will be asked to leave the meet IMMEDIATELY!!!**



## ENTERING THE MEET

### ELIGIBILITY

- Swimmers must be currently registered members of Indiana Swimming, and their registration numbers must accompany the entry to be accepted into this meet (see USA-S Rules 202.3).
- Age as of the first day of the meet (3/5/10) will determine age for the entire meet (see USA-S Rules 205.2).
- Swimmers must be entered with their fastest time achieved during the qualifying period (include actual dates). All entry times must fall within the qualifying standards for that event. Official time standards are included in this entry.
- Swimmers who are qualified for and eligible to compete in a specific STROKE & DISTANCE at the Indiana Swimming Age Group or Senior State Meets are not allowed to enter that SAME STROKE & DISTANCE in this meet. (i.e. 10 and unders qualified to compete in Age Group State in the 100 Back may not swim the 100 Back in the 10 & U, 12 & under, 14 & under or OPEN age groups, however a 10-year old who ages-up to 11 prior to the Age Group State Meet may compete in the 12 & under, 14 & under or Open age groups as qualified).

### QUALIFYING PERIOD

Times must be achieved in the current season, the season immediately preceding this season, or during last year's divisional meet (March 6, 2009 – entry deadline).

### ENTRY LIMITS

- Swimmers may enter an unlimited number of events.
- Must scratch down to 6 events for the entire meet.
- No more than three (3) individual events per day (this includes time trials) are allowed.

### ENTRY FEES

- \$ 5.00 per swimmer surcharge
- \$ 5.00 per individual event entry

The total amount of all fees due including any fines incurred due to late entry for all swimmers and events entered **shall be tendered on or before the first event of Day 1 of the meet.** If not tendered at the clerk table, the entire team will be scratched from the meet. The Summary of Entries form (page 10) can either be faxed or included with payment. If a team representative is NOT going to be at the meet at the beginning of DAY 1 the team MUST send a check in a timely manner to be received by Thursday, March 4 – 5:00 pm. (If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery.)

### ENTRY DEADLINE / ASSOCIATED DATES

- **Friday, February 26 by 11:59 pm** All Entries due via the Online Entry Form located at [www.inswimming.org](http://www.inswimming.org) .
- **Saturday, February 27 by 11:59 pm**  
Host will send a Final Entry Report and Exception report (if any) back to entering club/unattached swimmer via e-mail.
- **Monday, March 1 by 11:59 pm**  
All exceptions / modifications / deletions due back to host.

Entries must be submitted through the Online Entry Form on or before Friday, February 26 – 11:59 pm. Entering clubs should ensure that they have a current version of Team Manager AND that they have properly imported the meet setup file (download from [www.inswimming.org](http://www.inswimming.org)). Entry times shall NOT converted.

Host will notify entering clubs within 24 hours of receipt of their entry with both an entry list and an exception list if applicable. Host will send a Final Entry Report and Exception report (if any) back to entering club/unattached swimmer via e-mail by Saturday, February 27 – 11:59 pm. Entering clubs have until Monday, March 1 @ 11:59 PM to address their exceptions.

Exceptions/Modifications made after Friday Deadline and before Monday Deadline may include Additions, Deletions and Corrections to the existing (submitted) team entry. An entry must be submitted by the Friday deadline. Entries after this date will be considered late. The only exception is a team/unattached swimmer who achieved a qualifying time between the Friday deadline and the Monday Deadline.

Any entries/ modifications after Monday March 1 @ 11:59 PM will be subject to the late entry fees.

Note: Exception (Reports) do not include Proof of Time verification. See section below on **Verification**

### LATE ENTRIES

Clubs/unattached swimmers that neglected to enter an event(s) by Friday, February 27 – 11:59 pm can enter up until the start of the meet. These late clubs/unattached swimmers will be assessed a \$200 Late Entry Fee + \$10 per individual event. ANY entries / modifications received after the Monday, March 2 – 11:59 pm will be considered at the \$200 late entry fee system above. This includes any entry time changes, to include a missed event or to switch events for a swimmer already in the meet.

### IMPORTANT REMINDER REGARDING ENTRY FILE

Entering clubs/unattached swimmers need to remember to check all data BEFORE submitting. Entering club / unattached swimmer also needs to check all entry reports (and any exception reports) that the host returns. It is the responsibility of the entering club/unattached swimmer to heed deadlines and be responsible for the accuracy of club entries.

### OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

**The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.**

### VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS. Any entry that does not have a proof of time standard in SWIMS will be notified via e-mail, should check the Indiana Swimming Website or may check the Clerk of Course table at the meet. **Club will have to provide proof of time to the host prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.**

Acceptable verifications are official results from:

- \* USA Swimming sanctioned or approved meets;
- \* College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations;
- \* Websites (provided host address is printed on the copy);
- \* Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated

Official results from USA Swimming meets must be printed with either host club's name or IUPUI Natatorium on each page. Results from Non-USA Swimming Meets can be faxed to the Indiana Swimming office no later than Wed, March 3 @ Noon.



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

March 5 -7, 2010  
Sanction #IN10189



## ORDER OF EVENTS

<i>Warm-Ups: 3:15 - 4:45 pm</i>		<b>FRIDAY EVENTS</b>		<i>Meet Starts: 5:00 pm</i>	
<b>GIRLS</b>		<b>TIMED FINALS</b>		<b>BOYS</b>	
1	10 & U	200 IM	2		
3	12 & U	200 IM	4		
5	14 & U	400 IM	6		
7	Open	400 IM	8		
9	10 & U	200 Freestyle	10		
11	12 & U	500 Freestyle	12		
13	14 & U	500 Freestyle	14		
15	Open	500 Freestyle	16		

<i>Warm-Ups: 6:45-7:45 am</i>				<b>SATURDAY EVENTS</b>				<i>Warm-Ups: Not before 4:00</i>			
<i>Meet Starts: 8:00 am</i>								<i>Meet Starts: Not before 5:00</i>			
<b>GIRLS</b>		<b>PRELIMINARIES</b>		<b>BOYS</b>		<b>GIRLS</b>		<b>FINALS</b>		<b>BOYS</b>	
25	12 & U	100 Butterfly	26	25	12 & U	100 Butterfly	26				
27	14 & U	100 Butterfly	28	27	14 & U	100 Butterfly	28				
29	Open	100 Butterfly	30	29	Open	100 Butterfly	30				
31	12 & U	50 Backstroke	32	31	12 & U	50 Backstroke	32				
33	14 & U	200 Backstroke	34	33	14 & U	200 Backstroke	34				
35	Open	200 Backstroke	36	35	Open	200 Backstroke	36				
37	12 & U	50 Freestyle	38	37	12 & U	50 Freestyle	38				
39	14 & U	50 Freestyle	40	39	14 & U	50 Freestyle	40				
41	Open	50 Freestyle	42	41	Open	50 Freestyle	42				
43	12 & U	50 Breaststroke	44	43	12 & U	50 Breaststroke	44				
45	14 & U	200 Breaststroke	46	45	14 & U	200 Breaststroke	46				
47	Open	200 Breaststroke	48	47	Open	200 Breaststroke	48				
49	12 & U	200 Freestyle	50	49	12 & U	200 Freestyle	50				
51	14 & U	200 Freestyle	52	51	14 & U	200 Freestyle	52				
53	Open	200 Freestyle	54	53	Open	200 Freestyle	54				

<i>Warm-Ups: Not Before 12:00</i>		<b>SATURDAY 10 &amp; U</b>		<i>Meet Starts: Not before 12:45</i>	
<b>GIRLS</b>		<b>TIMED FINALS</b>		<b>BOYS</b>	
17	10 & U	100 Butterfly	18		
19	10 & U	50 Backstroke	20		
21	10 & U	100 Freestyle	22		
23	10 & U	50 Breaststroke	24		

<i>Warm-Ups: 6:45-7:45 am</i>				<b>SUNDAY EVENTS</b>				<i>Warm-Ups: Not before 3:30</i>			
<i>Meet Starts: 8:00 am</i>								<i>Meet Starts: Not before 4:30</i>			
<b>GIRLS</b>		<b>PRELIMINARIES</b>		<b>BOYS</b>		<b>GIRLS</b>		<b>FINALS</b>		<b>BOYS</b>	
63	14 & U	200 IM	64	63	14 & U	200 IM	64				
65	Open	200 IM	66	65	Open	200 IM	66				
67	12 & U	100 Backstroke	68	67	12 & U	100 Backstroke	68				
69	14 & U	100 Backstroke	70	69	14 & U	100 Backstroke	70				
71	Open	100 Backstroke	72	71	Open	100 Backstroke	72				
73	12 & U	100 Freestyle	74	73	12 & U	100 Freestyle	74				
75	14 & U	100 Freestyle	76	75	14 & U	100 Freestyle	76				
77	Open	100 Freestyle	78	77	Open	100 Freestyle	78				
79	12 & U	100 Breaststroke	80	79	12 & U	100 Breaststroke	80				
81	14 & U	100 Breaststroke	82	81	14 & U	100 Breaststroke	82				
83	Open	100 Breaststroke	84	83	Open	100 Breaststroke	84				
85	12 & U	50 Butterfly	86	85	12 & U	50 Butterfly	86				
87	14 & U	200 Butterfly	88	87	14 & U	200 Butterfly	88				
89	Open	200 Butterfly	90	89	Open	200 Butterfly	90				

<i>Warm-Ups: Not Before 12:00</i>		<b>SUNDAY 10 &amp; U</b>		<i>Meet Starts: Not before 12:45</i>	
<b>GIRLS</b>		<b>TIMED FINALS</b>		<b>BOYS</b>	
55	10 & U	100 Backstroke	56		
57	10 & U	50 Freestyle	58		
59	10 & U	100 Breaststroke	60		
61	10 & U	50 Butterfly	62		



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

March 5 -7, 2010  
Sanction #IN10189



## TIME STANDARDS

Times must have been achieved from March 6, 2010 to applicable entry deadline.

GIRLS DIVISIONAL				BOYS DIVISIONAL		
SCY	LCM	SCM	10 & under	SCY	LCM	SCM
0:37.09	0:42.59	0:40.99	50 Free	0:37.79	0:43.19	0:41.49
1:21.89	1:35.69	1:29.29	100 Free	1:23.49	1:36.79	1:32.29
3:00.09	3:27.69	3:17.19	200 Free	3:04.09	3:23.89	3:23.49
0:43.59	0:50.69	0:48.09	50 Back	0:44.79	0:52.19	0:49.39
1:33.49	1:49.69	1:43.39	100 Back	1:36.39	1:51.39	1:45.69
0:49.39	0:57.49	0:54.39	50 Breast	0:51.29	1:00.29	0:56.69
1:48.09	2:06.29	1:59.19	100 Breast	1:50.49	2:09.29	2:02.09
0:41.79	0:48.99	0:45.79	50 Fly	0:43.59	0:51.29	0:48.29
1:37.99	1:56.59	1:48.39	100 Fly	1:43.79	2:01.49	1:54.69
3:21.59	3:54.49	3:42.79	200 IM	3:25.79	3:57.19	3:46.19
SCY	LCM	SCM	12 & under	SCY	LCM	SCM
0:32.79	0:37.39	0:35.99	50 Free	0:33.59	0:38.59	0:36.89
1:11.59	1:22.09	1:18.29	100 Free	1:12.99	1:24.19	1:19.89
2:37.89	2:59.49	2:52.79	200 Free	2:40.19	3:04.19	2:56.09
7:01.79	6:18.69	6:09.09	400M / 500Y Free	7:07.09	6:29.39	6:13.69
0:38.49	0:44.49	0:42.29	50 Back	0:39.29	0:45.89	0:43.09
1:22.49	1:35.99	1:30.49	100 Back	1:24.99	1:39.29	1:33.09
0:42.89	0:49.69	0:46.99	50 Breast	0:44.29	0:52.39	0:48.69
1:32.39	1:48.59	1:41.39	100 Breast	1:37.49	1:52.29	1:46.99
0:36.59	0:41.49	0:40.19	50 Fly	0:37.59	0:43.49	0:41.19
1:23.19	1:36.39	1:31.29	100 Fly	1:25.49	1:40.79	1:34.59
2:57.19	3:25.59	3:13.89	200 IM	3:01.79	3:32.39	3:18.89
SCY	LCM	SCM	14 & under	SCY	LCM	SCM
0:31.19	0:35.69	0:34.29	50 Free	0:29.69	0:34.09	0:32.59
1:08.09	1:17.29	1:14.69	100 Free	1:04.59	1:15.09	1:10.79
2:27.79	2:48.69	2:41.79	200 Free	2:22.19	2:42.99	2:35.79
6:33.59	5:58.89	5:49.89	400M / 500Y Free	6:21.89	5:48.59	5:34.19
1:17.89	1:30.39	1:25.79	100 Back	1:14.29	1:28.09	1:21.89
2:48.19	3:15.79	3:03.99	200 Back	2:40.79	3:11.59	2:57.59
1:27.79	1:44.09	1:36.59	100 Breast	1:24.39	1:38.89	1:32.79
3:11.29	3:43.29	3:28.99	200 Breast	3:05.89	3:35.99	3:24.89
1:16.59	1:28.69	1:23.79	100 Fly	1:13.99	1:24.89	1:22.39
2:55.89	3:24.99	3:14.39	200 Fly	2:50.09	3:14.49	3:07.79
2:48.89	3:13.89	3:04.89	200 IM	2:41.09	3:06.69	2:56.29
5:56.29	6:53.19	6:29.79	400 IM	5:44.79	6:46.19	6:19.39
SCY	LCM	SCM	Open	SCY	LCM	SCM
0:30.39	0:34.49	0:33.29	50 Free	0:27.09	0:30.79	0:29.79
1:05.89	1:14.29	1:12.29	100 Free	0:58.99	1:07.09	1:04.69
2:23.89	2:42.29	2:37.59	200 Free	2:10.19	2:27.99	2:22.59
6:28.49	5:42.19	5:45.39	400M / 500Y Free	5:57.19	5:17.29	5:12.59
1:15.69	1:27.19	1:23.39	100 Back	1:08.09	1:18.89	1:15.19
2:44.19	3:09.59	2:59.59	200 Back	2:29.79	2:52.59	2:45.59
1:26.09	1:38.69	1:34.69	100 Breast	1:16.69	1:28.29	1:24.29
3:07.19	3:34.19	3:24.39	200 Breast	2:50.29	3:18.39	3:07.79
1:13.69	1:23.19	1:20.59	100 Fly	1:05.49	1:13.39	1:12.99
2:50.59	3:11.59	3:08.49	200 Fly	2:30.59	2:54.69	2:46.29
2:43.59	3:04.39	2:59.19	200 IM	2:28.09	2:46.79	2:42.09
5:55.19	6:39.59	6:28.59	400 IM	5:21.49	6:08.29	5:53.69

\*\*\* Please Note: Age Groups are & Under and Open \*\*\*



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

March 5 -7, 2010  
Sanction #IN10189



## CHAMPIONSHIP FORMAT & PROCEDURES

### WARM-UP PROCEDURES / TIME SCHEDULE

- ALL TIMES are Central Standard Time (LOCAL TIME)
- Warm-up Lanes will be assigned in the competition pool with the geographical distance of driving time used as the parameters for team assignment.**
- Teams may choose to switch pool assigned lanes and times if mutually agreeable.**
- Diving well lanes will remain open for general warm-up for all teams during the 60 minute general warm-up session in the competition pool. (If crowded lane conditions still exist than assigned lanes will exist in the warm-up pool as well during each 30 minute session)**
- The meet director & meet referee will post the warm-up lane assignments by the Wednesday 5:00pm prior to the Divisional meet on the host's website. The meet host will make the best effort to assign lanes with as balanced a number as possible.**
- The diving well will be available during the entire meet (including warm-ups).

NOTE: Marshals will be monitoring and enforcing warm-up procedures. Please review:

[www.inswimming.org/isforms/meetwu.pdf](http://www.inswimming.org/isforms/meetwu.pdf)

### Preliminary Warm-up Schedule (12 & U, 14 & U, Open)

Friday	Sat & Sun Prelims		
3:30-4:00 p.m.			General Warm-up; No Diving!
	6:30 – 7:00 7:00 – 7:30	Session I Session II	General Warm-up; ASSIGNED LANES No Diving!
4:00-4:15 p.m.	7:30 - 7:50 a.m.	Lanes 2-3-4-6-7  Lanes 1 & 8 Lanes 5	Sprint Lanes – racing starts from starting end only. Swim one way. Walk back. Pace Lanes General Warm-up; NO DIVING!
4:15-4:45 p.m.		Lanes 1 & 2	Sprint Lanes – racing starts from starting end only. Swim one way. Walk back.
4:15-4:45 p.m.		Lanes 3 - 8	10 & Under ONLY
4:45 p.m.	7:50 a.m.	Clear Pool	Coaches Meeting
5:00 p.m.	8:00 a.m.	MEET STARTS	

### Finals Warm-up Schedule (12 & U, 14 & U, Open)

Sat	Sun		
4:00* – 4:30 pm	3:30* – 4:00 pm	All Lanes	General Warm-up; NO DIVING!
4:30 – 4:45 pm	4:00 – 4:15 pm	Lanes 2 & 7  Lanes 1 & 8 Lanes 3 - 6	Sprint Lanes – racing starts from starting end only. Swim one way. Walk back. Pace Lanes General Warm-up; NO DIVING!
4:45 pm	4:15 pm	Clear Pool	
5:00 pm	4:30 pm	MEET STARTS	

\*Warm-ups will start not earlier than 4:00 Sat / 3:30 Sun.

### Timed Finals Warm-up Schedule (10 & Under)

Sat & Sun		
12:00 – 12:25 pm	All Lanes	General Warm-up; NO DIVING!
12:25 – 12:35 pm	Lanes 2 & 7  Lanes 1 & 8 Lanes 3 - 6	Sprint Lanes – racing starts from starting end only. Swim one way. Walk back. Pace Lanes General Warm-up; NO DIVING!
12:35 pm	Clear Pool	
12:45 pm	MEET STARTS	

10 & U Warm-ups will start immediately after the completion of the morning preliminary sessions, but **not before 12:00 pm**. 10 & U will not be allowed on deck until 30 minutes prior to 10 & U warm-up.

Meet Finals will start NOT BEFORE: 12:45 pm

### RULES

- Current USA Swimming & Indiana Swimming rules will govern.
- Swimsuit Rule: EFFECTIVE (OCTOBER 1, 2009) USA Swimming Swim Suit Rule (102.9.1 B)**
  - In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1.
  - All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knee, for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.
  - No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer.

### MEET FORMAT

This meet will be run in Championship Meet Format with preliminaries, consolation finals, and finals for the 12 & Under, 14 & Under and Open age groups. All 10 & Under events, the 12 & U 200 IM, the 14 & U/Open 400 IM, the 12 & U/14 & U/Open 500 Free will be timed final events.

At the discretion of the meet director and meet referee, fly-over starts may be used in the preliminary session, if the timeline dictates.

**Courtesy rest** (12-15 minutes) shall be given for swimmers in consecutive events. **It is the responsibility of the coach or swimmer to notify the meet referee of a swimmer's situation PRIOR TO the swimmer's first event regarding the courtesy.**



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

March 5 -7, 2010  
Sanction #IN10189



## COACH SCRATCH BOX RESPONSIBILITY

Individual Scratch Forms and Multiple Scratch Forms will be available at the Scratch Table and **MUST** be used. **All** scratches for individual events, regardless of reason, must be made at the Scratch Table by:

Friday Timed Finals:	4:00 pm Friday night
Saturday Prelims:	5:00 pm Friday night
Saturday 10 & U Events:	11:45 am Saturday
Sunday Prelims:	5:00 pm Saturday night
Sunday 10 & U Events:	11:45 am Sunday

Coaches must sign their names on the Scratch Forms!

In all timed final events and all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched in accordance to the above deadline will be **barred from all further individual events of that day**. (NOTE: This does not bar an individual who has qualified earlier in the session for a final or consolation final from swimming in that final.)

**Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer or the swimmer's coach declares the swimmer's intent to swim prior to the close of the scratch box for that day's events, or within 30 minutes of the missed event, whichever is later.**

The money for scratched events is NOT refundable.

## OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first until the maximum has been attained and scratched from all remaining events.

**The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.**

A copy of the seeded heat sheet after scratches shall be posted before warm-ups for Saturday and Sunday prelims.

## SEEDING OF INDIVIDUAL EVENTS

In all individual events, the swimmer is assumed to be swimming unless he/she has been scratched.

No entry times will be converted for seeding. Seeding order: Short Course Yards - Long Course Meters - Short Course Meters. **Entering club's Team Entry Software should NOT be set up to convert the non-conforming entry time(s).**

## SCRATCHING FROM FINALS

### Scratching from Consolation Finals and Finals:

- A. Any swimmer qualifying for the original consolation final or final in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet except as noted in "Exceptions" below. **A declared false start (USA-S rule 102.14.5D) or deliberate delay of meet (USA-S rule 102.14.7A) is NOT permitted and will be regarded as a failure to compete.**
- B. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). **Any potential alternate for finals must report to the Deck Referee or Starter prior to the applicable event. There will be no announcements made to fill the heat.**

- C. First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- D. Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in appropriate lane(s), filling all lanes in the final.
- E. If the consolation final has already been contested, the final shall be swum without re-seeding for the empty lane(s).
- F. Announcements: New postings reflecting updated scratches will be made during scratch period.

**Exceptions for failure to compete:** No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee must be notified prior to the start of the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a consolation final or final race following the preliminaries notifies the designated person (announcer or clerk) within thirty (30) minutes after announcement of the qualifiers for that final race that they may not intend to compete and further declares their final intentions within 30 minutes following their last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**SUNDAY ONLY:** No-shows or not scratching according to the rules by the appropriate deadlines (B above), for consolation finals or finals will result in a \$50 per swimmer fine. The fine shall be assessed to the swimmer. Host club will forward violations to the ISI office. ISI office will notify violators and collect fines. ISI office will send \$25 per fine collected back to host club.

## AWARDS

INDIVIDUAL EVENTS: Medals for 1st-8th  
Ribbons for 9th-16th

In the **evening sessions**, awards ceremonies shall be conducted in a manner that does not excessively delay the meet. An Awards Schedule will be printed in the Finals Heat Sheets. Eight 3' x 3' podiums will be arranged on deck for award presentations.

9th-16th ribbons and any unclaimed medals can be picked up during evening finals only.

During the **10 & Under Finals sessions**, the meet will be stopped for the presentation of individual awards. An Awards Schedule will be printed in the 10 & Under Heat Sheets.

9th-16th ribbons and any unclaimed medals can be picked up during the 10 & Under Finals session only.

If there are any unclaimed swimmer awards at the end of the meet, the host will send them to the Indiana Swimming office. Clubs will have to make arrangements for shipping or pick-up with the office for these previously unclaimed awards.

## TIME TRIALS

There will not be Time Trials offered at this meet.



# 2010 INDIANA SWIMMING EAST CENTRAL DIVISIONAL CHAMPIONSHIPS

sponsored by SPEEDO

Mar 5 -7, 2010  
Sanction #IN10189



## SUMMARY OF ENTRIES

HARD COPY/DISK ENTRY

**E-MAIL ENTRIES CAN EITHER FAX OR INCLUDE THIS FORM WITH PAYMENT.**

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash and **make checks payable to: NOBLESVILLE SWIM CLUB C/O PATTY HANCE (ENTRIES CHAIR)**  
Thank you.

**Send to:** Noblesville Swim Club  
c/o Patty Hance, Meet Entries Chair  
17333 Cherry Tree Rd.  
Noblesville, IN 46062-9443

NAME OF CLUB \_\_\_\_\_ CODE \_\_\_\_\_

Number of swimmers (and alternates) entered:

Indiana Swimming Boys: \_\_\_\_\_ X \$ 5.00 = \_\_\_\_\_  
Surcharge

Girls: \_\_\_\_\_ X \$ 5.00 = \_\_\_\_\_

Number of boys' individual entries: \_\_\_\_\_ X \$ 5.00 = \_\_\_\_\_

Number of girls' individual entries: \_\_\_\_\_ X \$ 5.00 = \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED:** \_\_\_\_\_

**Club Official Submitting Entry:**

**Coaches:**

Name: \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

\_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Club Official FAX: \_\_\_\_\_

Daytime Phone: ( ) \_\_\_\_\_

Club Official E-mail: \_\_\_\_\_

### Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host club, and its' Board of Directors, USA Swimming, said facility and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

**Signature of Club Official/Coach** \_\_\_\_\_ **Date** \_\_\_\_\_

\*Person who signs above is responsible for any fines imposed on the club for each missed cut not proven.

\*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: \_\_\_\_\_

**Did you include?**

<input type="checkbox"/>	Entries in Writing (only if applicable)
<input type="checkbox"/>	Check for entries and surcharges
<input type="checkbox"/>	I have read the scratch rules and understand all of them.
<input type="checkbox"/>	This completed form