

**CENTER GROVE**  
**Aquatic Club**

**CGAC Jingle Bell Classic**  
**November 20-22, 2009**

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming Inc. Sanction # **IN10082**
- HOST:** Center Grove Aquatic Club (CGAC)
- LOCATION:** Center Grove High School  
2717 South Morgantown Road  
Greenwood, IN 46143
- FACILITY:** Eight-lane course, 25 yard, turbulence control lane markers, Colorado timing system, eight lane digital scoreboard, touchpads, backup buttons and digital watches. Deck areas, seating and free parking is available. **ONLY OFFICIALS, MEET VOLUNTEERS, COACHES AND SWIMMERS WILL BE ALLOWED ON DECK.**
- FORMAT:** Five timed final sessions. Positive check-in is required for each event. Swimmers must check-in before warming up. Swimmers will be scratched from any event that they fail to check-in. Check-in will be in the South entry to the natatorium. Check-in will close 45 minutes before the start of the Friday night session and 60 minutes before the start of Saturday and Sunday sessions.
- LIMITATIONS:** The 1650 will be limited to the top 16 girls and boys for each event. Each swimmer is required to have one timer and one counter. Additionally, we reserve the right to limit other events to achieve a reasonable timeline. Refunds will be issued to these swimmers cut from those events for timeline purposes. Teams will be notified by email of limited events and the psych sheets for those events will be posted on our website: [www.cgacswim.org](http://www.cgacswim.org)

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## Aquatic Club

**RULES:** Current USA Swimming and Indiana Swimming rules govern this meet. USA Swimming Rules 202.3.2 - At a sanctioned competitive meet, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

### SWIMWEAR

**RULES:** **In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.**

### ENTRY

**INFORMATION:** All swimmers will be limited to no more than (5) individual events per day. If an entry is submitted with an individual in more events than allowed, the swimmer will be entered into the order of events until the rule is satisfied. **THERE WILL BE NO REFUNDS. Entries not submitted on disk or via email will be subject to a \$50 data entry fee for teams with more than 5 swimmers.**

**ENTRY FEES:** \$1.50 per athlete for Indiana Swimming surcharge, plus \$4.00 per individual event.

**ELIGIBILITY:** Swimmer(s) must be registered with USA SWIMMING to be accepted into this meet. A swimmer's age as of November 20, 2009 will determine his/her age for the entire meet.

All coaches **MUST** constantly display their USA SWIMMING coach credential to gain deck access. The meet referee reserves the right to ask for coach credentials display and/or deny deck access if coach does not comply or card is invalid.

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**DEADLINE:** Entries will be accepted starting October 26, 2009. Entry deadline will be November 6, 2009. We will extend the deadline if the meet is not full. All entries must arrive via e-mail or U.S. Mail or other parcel carrier. We suggest using FedEx or UPS. Clubs will receive notification of acceptance/rejection by e-mail or phone no later than November 9, 2009. Make checks payable to Center Grove Aquatic Club. Please email entry file and mail our Summary page and fees to:

Corey Gilbert  
3611 The Courts  
Greenwood, IN 46143  
Email: [\\_cgacmeet@hotmail.com](mailto:_cgacmeet@hotmail.com)

**EXTRA COSTS:** Psych sheets: \$6.00  
Heat Sheets: \$2.00  
Admission: \$2.00 per session

**AWARDS:** Individual events: Ribbons 1-16.

**SIGN-IN:** Swimmers, coaches and officials must sign in. Swimmer sign-in sheets will come down 45 minutes before the start of the Friday night session and 60 minutes before the start of Saturday and Sunday sessions.

**HOSPITALITY:** A hospitality area located in the southwest corner off the pool deck will be available for coaches, officials, and volunteers only.

**FACILITY NOTE:** Since we are guests at Center Grove High School we are expected to treat the property as if it were ours. Swimmers, coaches, officials and spectators must abide by these rules:

1. Keep all trash picked up.
2. Do not go or let children go to any unauthorized areas.

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3. No sound devices or objects such as balls, radios, or devices that are an inconvenience to swimmers, coaches, officials, or workers will be allowed.  
**NO GLASS WILL BE ALLOWED ON DECK!**

Anyone caught abusing the facilities will be asked to leave the meet immediately.

MEET

DIRECTOR:

Corey Gilbert  
3611 The Courts  
Greenwood, IN 46143

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### EVENT SCHEDULE

**FRIDAY P.M.** WARM-UP 4:45-5:30 P.M.

MEET BEGINS 5:45 P.M.

GIRLS	AGE	EVENTS	BOYS
1	OPEN	500 FREESTYLE	2
3	11-12	500 FREESTYLE	4
5	10 & UNDER	200 FREESTYLE	6
7	OPEN	400 IM	8
9	11-12	200 IM	10
11	10 & UNDER	200 IM	12
13	OPEN	**1650 FREE**	14

\*\*1650 Fastest to Slowest\*\*

**SATURDAY A.M.** WARM-UP 7:00-8:00 A.M.

MEET BEGINS 8:15 A.M.

GIRLS	AGE	EVENT	BOYS
15	13 & OVER	200 IM	16
17	8 & UNDER	100 IM	18
19	13 & OVER	100 FREESTYLE	20
21	8 & UNDER	25 BACKSTROKE	22
23	13 & OVER	200 BACKSTROKE	24
25	8 & UNDER	50 FREESTYLE	26
27	13 & OVER	100 BREASTSTROKE	28
29	8 & UNDER	25 FREESTYLE	30
31	13 & OVER	200 BUTTERFLY	32

**SATURDAY P.M.** WARM-UP 11:45-12:45 P.M.

MEET BEGINS 1:00 P.M.

GIRLS	AGE	EVENT	BOYS
33	11-12	100 BREASTSTROKE	34
35	10 & UNDER	100 BREASTSTROKE	36
37	11-12	50 BUTTERFLY	38
39	10 & UNDER	50 BUTTERFLY	40
41	11-12	100 BACKSTROKE	42
43	10 & UNDER	100 BACKSTROKE	44
45	11-12	50 FREESTYLE	46
47	10 & UNDER	50 FREESTYLE	48

**SUNDAY A.M.** WARM-UP 7:00-8:00 A.M.

MEET BEGINS 8:15 A.M.

GIRLS	AGE	EVENT	BOYS
49	13 & OVER	200 FREESTYLE	50
51	8 & UNDER	100 FREESTYLE	52
53	13 & OVER	100 BACKSTROKE	54
55	8 & UNDER	25 BREASTSTROKE	56
57	13 & OVER	200 BREASTSTROKE	58
59	8 & UNDER	25 BUTTERFLY	60
61	13 & OVER	100 BUTTERFLY	62
63	13 & OVER	50 FREE	64

**SUNDAY P.M.** WARM-UP 11:45-12:45 P.M.

MEET BEGINS 1:00 P.M.

GIRLS	AGE	EVENT	BOYS
65	11-12	200 FREESTYLE	66
67	10 & UNDER	50 BREASTSTROKE	68
69	11-12	50 BREASTSTROKE	70
71	10 & UNDER	100 BUTTERFLY	72
73	11-12	100 BUTTERFLY	74
75	10 & UNDER	50 BACKSTROKE	76
77	11-12	50 BACKSTROKE	78
79	10 & UNDER	100 FREESTYLE	80
81	11-12	100 FREESTYLE	82

# CENTER GROVE Aquatic Club

## DIRECTIONS TO CENTER GROVE HIGH SCHOOL

### *From the North:*

I65 to US31 or I69 to I465 (Indianapolis)  
Take I465 West to State Road 37 South (Southwest corner of Indianapolis)  
Drive 10 miles south to Stones Crossing Road  
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road  
Turn right on Morgantown Road and turn left into the south parking lot

### *From the West:*

I74 or US40 or I70 to I465 (Indianapolis)  
Take I465 South to State Road 37 South (Southwest corner of Indianapolis)  
Drive 10 miles south to Stones Crossing Road  
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road  
Turn right on Morgantown Road and turn left into the south parking lot

### *From the East:*

I74 or US40 or I70 to US36 to I465 (Indianapolis)  
Take I465 South to State Road 37 South (Southwest corner of Indianapolis)  
Drive 10 miles south to Stones Crossing Road  
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road  
Turn right on Morgantown Road and turn left into the south parking lot

### *From the South:*

I65 to Greenwood exit.  
Turn left on Main Street and drive west to State Road 135 / Meridian Street  
Turn left and drive south to Stones Crossing Road  
Turn right and drive east to Morgantown Road  
Turn left and drive to the south parking lot

Or

State Road 37 north to Stones Crossing Road  
Turn right and drive east 3 miles  
Turn right onto Morgantown Road and turn left into the south parking lot

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## SUMMARY PAGE

Please supply the information requested below and mail with your Entry Forms and check to the Entry Chairperson.

Make check payable to: **Center Grove Aquatic Club**

Club Name: \_\_\_\_\_ Club Code \_\_\_\_\_

TOTAL number of swimmers entered: \_\_\_\_\_ x \$1.50 LSC surcharge = \$ \_\_\_\_\_

Number of boy's individual entries: \_\_\_\_\_ X \$4.00 each = \$ \_\_\_\_\_

Number of girl's individual entries: \_\_\_\_\_ X \$4.00 each = \$ \_\_\_\_\_

**Total Amount Enclosed: \$ \_\_\_\_\_**

**Club Official Submitting Entry:**

**Coaches' Names**

Name \_\_\_\_\_

\_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

\_\_\_\_\_

State/Zip \_\_\_\_\_

\_\_\_\_\_

Phone Number \_\_\_\_\_

\_\_\_\_\_

E-mail \_\_\_\_\_

\_\_\_\_\_

Preferred method of receiving results: \_\_\_ Hard Copy mailed \_\_\_ .htm file emailed \_\_\_ MM backup emailed  
\_\_\_ TM .cl2 file emailed \_\_\_ ALL 3 emailed Email address: \_\_\_\_\_

**Release and Hold Harmless Agreement**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges the host club, and its Board of Directors, United States Swimming, I.U. and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless the host club, United States Swimming, I.U. and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2009.

Signature of Club Official or Coach: \_\_\_\_\_

\*\*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person.  
Please list the name of your spokesperson: \_\_\_\_\_

Did you include:

\_\_\_\_\_ Individual Forms or Hy-Tek Meet manager Disc w /Hard Copy Print out  
\_\_\_\_\_ I have read the entry letter and understand it.

\_\_\_\_\_ Check  
\_\_\_\_\_ This form completed