

CENTER GROVE
Aquatic Club

CGAC Prelims/Finals Winter Invitational

January 29 - 31, 2010

- SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming Inc. Sanction # **IN10134**
- HOST:** Center Grove Aquatic Club (CGAC)
- LOCATION:** Center Grove High School
2717 South Morgantown Road
Greenwood, IN 46143
- FACILITY:** Eight-lane course, 25 yard, turbulence control lane markers, Colorado timing system, eight lane digital scoreboard, touch pads, backup buttons and digital watches. Deck areas, seating and free parking is available. **ONLY OFFICIALS, MEET VOLUNTEERS, COACHES AND SWIMMERS WILL BE ALLOWED ON DECK.**
- FORMAT:** All Friday night and 10 and Under events will be timed finals. Open and 11 & 12 events Saturday and Sunday will be Prelim/Final format. Top 16 fast swims in each event will advance to the evening final sessions. All times must be entered in YARD times. All entries must be on a Hy-tek disk sent via email. *If a team's entries are accepted and they are not sent via email there will be a \$50 fee.* Be sure that you age-up your swimmers before doing your entry.

We reserve the right to limit the number of entries on any event to achieve a reasonable timeline. CGAC reserves the right not to limit its swimmers. In the event that entries are limited, the host club must return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

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The Meet Entry Chairman or Meet Director will notify all teams of any limited events.

The 1650 will be limited to the top 16 girls and boys. Each swimmer is required to have one timer and one counter.

This will be a cardless meet with a clerk of course for 8 and under swimmers only. These swimmers should assemble on the bleachers under the scoreboard prior to their events.

SCRATCHING FROM TIMED FINALS /

PRELIMINARIES: In all timed finals events and all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched will be barred from that event.

SCRATCHING FROM FINALS:

A swimmer qualifying for a consolation final or final based on the results of the preliminaries must notify the referee or designee within 30 minutes after the announcement of the qualifiers for that race that they do not intend to compete.

RULES:

Current USA Swimming and Indiana Swimming rules govern this meet. USA Swimming Rules 202.3.2 - At a sanctioned competitive meet, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

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All coaches **MUST** constantly display their USA SWIMMING coach credential to gain deck access. The meet referee reserves the right to ask for coach credentials displayed and/or deny deck access if coach does not comply.

SWIMWEAR

RULES :

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

ENTRY LIMITS: Open, 13 and Over, and 11-12 age group swimmers will be limited to 3 events per day. All other swimmers will be limited to 5 events per day. If an entry is submitted with an individual in more events than allowed, the swimmer will be entered into the order of events until the rule is satisfied.

ENTRY FEES: \$5.00 for prelim/final events.
\$4.00 for timed finals events.
\$1.50 per athlete for Indiana Swimming surcharge

ELIGIBILITY: Swimmer(s) must be registered with USA SWIMMING to be accepted into this meet. A swimmer's age as of January 29, 2010 will determine his/her age for the entire meet.

DEADLINE: Entries will be accepted starting December 29, 2009. Entry deadline will be January 11, 2010. We will extend the deadline if the meet is not full. All entries must arrive via U.S. Mail, parcel carrier or via e-mail. No hand

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deliveries by club personnel will be accepted. Clubs will receive notification of acceptance/rejection using e-mail no later than January 16, 2010. Make checks payable to Center Grove Aquatic Club.

Please send entry forms, fees, and cover sheets to:

Corey Gilbert
3611 The Courts
Greenwood, IN 46143
Email: cgacmeet@hotmail.com

EXTRA COSTS: Psych sheets: \$6.00
Heat Sheets: \$2.00
Admission: \$2.00 per session
No admission charge for finals. Heat sheets during finals will be posted.

AWARDS: Individual events: Ribbons 1-16.

SIGN-IN: There is a positive check-in for swimmers. Swimmer sign-in sheets will come down 45 minutes before the start of each session.

HOSPITALITY: A hospitality area located in the southwest corner of the pool deck will be available for coaches, officials, and volunteers only.

FACILITY NOTE: Since we are guests at Center Grove High School we are expected to treat the property as if it were ours. Swimmers, coaches, officials and spectators must abide by these rules:

1. Keep all trash picked up.
2. Do not go or let children go to any unauthorized areas.

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3. No sound devices or objects such as balls, radios, or devices that are an inconvenience to swimmers, coaches, officials, or workers will be allowed.
NO GLASS WILL BE ALLOWED ON DECK!

Anyone caught abusing the facilities will be asked to leave the meet immediately.

MEET

DIRECTOR:

Corey Gilbert
3611 The Courts
Greenwood, IN 46143
Email: cgacmeet@hotmail.com

WARM-UP

SCHEDULE:

CGAC reserves the right to split the warm-up period into 2 sessions based upon the number of entries - consideration will be given based upon the number of athletes per club / travel distance, etc.

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EVENT SCHEDULE

**FRIDAY P.M. WARM-UP 4:45-5:30 P.M.
MEET BEGINS 5:45 P.M.**

GIRLS	AGE	EVENTS	BOYS
1	13 AND OVER	500 YD FREE	2
3	12 AND UNDER	500 YD FREE	4
5	OPEN	400 YD IM	6
7	OPEN	**1650 YD FREE**	8

1650 fastest to slowest

**SATURDAY A.M. WARM-UP 7:00-7:45 A.M.
MEET BEGINS 8:00 A.M.**

GIRLS	AGE	EVENT	BOYS
9	OPEN	200 FREESTYLE	10
11	11-12	200 FREESTYLE	12
13	OPEN	100 BACKSTROKE	14
15	11-12	50 BACKSTROKE	16
17	OPEN	200 BUTTERFLY	18
19	11-12	100 BUTTERFLY	20
21	OPEN	100 BREASTSTROKE	22
23	11-12	50 BREASTSTROKE	24
25	OPEN	100 FREESTYLE	26
27	11-12	50 FREESTYLE	28

**SATURDAY P.M. WARM-UP 11:30-12:15 P.M.
MEET BEGINS 12:30 P.M.**

GIRLS	AGE	EVENT	BOYS
29	10 AND UNDER	200 FREESTYLE	30
31	8 AND UNDER	100 FREESTYLE	32
33	10 AND UNDER	50 BACKSTROKE	34
35	8 AND UNDER	50 BACKSTROKE	36
37	10 AND UNDER	50 BUTTERFLY	38
39	8 AND UNDER	25 BUTTERFLY	40
41	10 AND UNDER	100 BREASTSTROKE	42
43	8 AND UNDER	50 BREASTSTROKE	44
45	10 AND UNDER	100 FREESTYLE	46
47	8 AND UNDER	25 FREESTYLE	48

**SUNDAY A.M. WARM-UP 7:00-7:45 A.M.
MEET BEGINS 8:00 A.M.**

GIRLS	AGE	EVENT	BOYS
49	OPEN	200 IM	50
51	11-12	200 IM	52
53	OPEN	50 FREESTYLE	54
55	11-12	100 FREESTYLE	56
57	OPEN	200 BREASTSTROKE	58
59	11-12	100 BREASTROKE	60
61	OPEN	100 BUTTERFLY	62
63	11-12	50 BUTTERFLY	64
65	OPEN	200 BACKSTROKE	66
67	11-12	100 BACKSTROKE	68

**SUNDAY P.M. WARM-UP 11:30-12:15 P.M.
MEET BEGINS 12:30 P.M.**

GIRLS	AGE	EVENT	BOYS
69	10 AND UNDER	200 IM	70
71	8 AND UNDER	100 IM	72
73	10 AND UNDER	50 FREESTYLE	74
75	8 AND UNDER	50 FREESTYLE	76
77	10 AND UNDER	100 BUTTERFLY	78
79	8 AND UNDER	50 BUTTERFLY	80
81	10 AND UNDER	50 BREASTSTROKE	82
83	8 AND UNDER	25 BREASTSTROKE	84
85	10 AND UNDER	100 BACKSTROKE	86
87	8 AND UNDER	25 BACKSTROKE	88

SATURDAY AND SUNDAY EVENING FINALS

Warm ups will begin 15 minutes after the afternoon sessions but not before 3:45 pm. The finals session will begin 45 minutes after warm ups begin

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DIRECTIONS TO CENTER GROVE HIGH SCHOOL

From the North:

I65 to US31 or I69 to I465 (Indianapolis)
Take I465 West to State Road 37 South (Southwest corner of Indianapolis)
Drive 10 miles south to Stones Crossing Road
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road
Turn right on Morgantown Road and turn left into the south parking lot

From the West:

I74 or US40 or I70 to I465 (Indianapolis)
Take I465 South to State Road 37 South (Southwest corner of Indianapolis)
Drive 10 miles south to Stones Crossing Road
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road
Turn right on Morgantown Road and turn left into the south parking lot

From the East:

I74 or US40 or I70 to US36 to I465 (Indianapolis)
Take I465 South to State Road 37 South (Southwest corner of Indianapolis)
Drive 10 miles south to Stones Crossing Road
Turn left on Stones Crossing Road and drive 3 miles east to Morgantown Road
Turn right on Morgantown Road and turn left into the south parking lot

From the South:

I65 to Greenwood exit.
Turn left and drive west to State Road 135
Turn left and drive south to Stones Crossing Road
Turn right and drive east to Morgantown Road
Turn left and drive to the south parking lot

Or

State Road 37 north to Stones Crossing Road
Turn right and drive east 3 miles
Turn right onto Morgantown Road and turn left into the south parking lot

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January 30- February 1, 2010

SUMMARY PAGE

Please Supply the information requested below and mail with your Entry Forms and check to the Entry Chairperson.

Make check payable to: **Center Grove Aquatic Club**

Club Name: _____ Club Code _____

TOTAL Number of Swimmers Entered: _____ x \$1.50
IN Swimming LSC surcharge = \$ _____

Number of TIMED FINAL Individual Entries \$4.00 X \$ _____ each = \$ _____

Number of PRELIM & FINALS Individual Entries \$5.00 X \$ _____ each = \$ _____

Total Amount Enclosed: \$ _____

Club Official Submitting Entry:

Coaches' Names

Name _____

Address _____

City/State/Zip _____

Phone Number _____

E-mail _____

Preferred method of receiving results: Hard Copy mailed .htm file emailed MM backup emailed
 TM .cl2 file emailed ALL 3 emailed Email address: _____

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges the host club, and its Board of Directors, United States Swimming, I.U. and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless the host club, United States Swimming, I.U. and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 200__.

Signature of Club Official or Coach: _____

**You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____

Did you include:

- Individual Forms or Hy-Tek Meet manager Disc w /Hard Copy Print out _____ Check
 Officials Form
 I have read the entry letter and understand it. _____ This form completed