

Indian Creek "In the Middle of a Cornfield" Swim Invitational

Hosted by Indian Creek Aquatic Club

www.icacsharks.com

Trafalgar, Indiana

January 8-9, 2010

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number: IN10143

LOCATION: Indian Creek Natatorium
Indian Creek High School
803 W. Indian Creek Drive
Trafalgar, IN 46181

FACILITY: The Indian Creek Natatorium has a 25 yard, 8 lane pool with 6 additional 20 yard lanes for continuous warm-up/cool down. Daktronics timing system and touchpads will be used with an 8 lane readout scoreboard.

ELIGIBILITY: Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of January 8, 2010, will determine the swimmer's age for the entire meet.

RULES: Current USA Swimming and Indiana Swimming rule will govern this meet. **Start rule 102.14 & .4 & .5 will apply for this meet. The no recall starting procedure will be observed for all events in this meet.** Coaches **MUST** constantly display their USA Swimming coach credentials to gain deck access. The meet referee reserves the right to ask for coaches to display their credentials and/or deny deck access if a coach does not comply.

USA Swimming rule 202.3.2 states that a sanction competitive event, USA Swimming athletes members must be under the supervision of a USA Swimming coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in arranging for such supervision.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

- FORMAT:** All events will be TIMED FINALS. ICAC reserves the right to limit entries in any event in order to adhere to the 4-hour rule for age-group swimming. Fastest seeded times will be the determining factor. The number of heats will be determined after receipt of all entries and reviewing the timeline. REFUNDS WILL BE MADE IF ENTRIES ARE LIMITED.
- This meet is design to promote the aerobic base of our age-group swimmers, providing opportunities for HS swimmers to obtain cuts in events that are not offered in the high school setting, to promote IM swimming, and most importantly, to encourage the fun of the sport. Keeping the last two objectives in mind, we will be combining the times for the 50 Free, 50 Breaststroke, 50 Backstroke, 50 Butterfly, and the 100 IM (25s for 8&Unders) to come up with a composite IM time for a "pentathlon" award in each age-group. This applies to the OPEN swimmers on Friday evening and the 12&Unders on Saturday. Swimmers will need to participate in all 5 of the listed events to be considered for the "pentathlon" awards.
- ENTRIES:** Swimmers are limited to five (5) events per day.
- Entries may be submitted by email, on computer disk, or in writing. Entry fees and the signed release form must be received by the start of the meet on Friday, January 8, 2010. Teams who fees have not been received by the deadline will not be allowed to compete. A complete list of USA swimming registration numbers for all swimmers in the meet must be included with your entry.
- DEADLINE:** Entries will be accepted starting December 9, 2008, at 8am. Entry deadline will be December 24, 2009. We will extend the deadline if the meet is not full.
- FEES:** Entry fee is \$3.50 per event plus a \$1.50 Indiana Swimming surcharge per swimmer. Make checks payable to Indian Creek Aquatic Club.
- Fees for deck entries will be \$7.00 per event. Entries after December 24, 2009, will be considered on deck and charged accordingly.
- CHECK-IN:** ALL SWIMMERS MUST CHECK-IN BEFORE WARM-UPS. Check-in sheets will be taken down 20 minutes after the start of warm-ups. Swimmers who fail to check-in will be scratched.
- CLERK OF COURSE:** This will be a card-less meet. 8 & Unders will be clerked and escorted to blocks.
- AWARDS:** Ribbons for 1-16 place will be awarded for each individual event. Special awards will be given to the top eight finishers in the IM pentathlon for boys and girls in each of the following age-groups: 8&Under, 9-10, 11-12, 13-14, 15&Over.
- FINAL RESULTS:** One copy will be provided to every participating club. Extra copies may be ordered for \$5.00.
- HEAT SHEETS:** Heat sheet swill be available for \$3.00. No admission charge.

SCHEDULE: Friday, January 8
Warm-ups 5:00-5:45p Meet starts 6:00p

Saturday, January 9
AM session
Warm-ups 7:30-8:15a Meet starts 8:30a

PM session
Warm-ups 12:00-12:30p Meet starts 12:45p

ENTRY CHAIR: Brad Smith
105 Dunn Drive
Trafalgar, IN 46181
317-850-1689 cell
317-878-2136 pool
bsmith@nhj.k12.in.us

MEET DIRECTORS: Brad Smith Kelli Smith
Same as above 317-408-9362
ksmith6@nhj.k12.in.us

WEBSITE: www.icacsharks.com for current meet info

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Friday, January 8: Session I

Warm-up 5:00-5:45p Meet starts 6:00p

Girls	Events	Boys
1	13 & Over 50 Freestyle	2
3	12&Under 200 Breaststroke	4
5	13 & Over 50 Breaststroke	6
7	12&Under 200 Backstroke	8
9	13 & Over 50 Backstroke	10
11	12&Under 200 Butterfly	12
13	13 & Over 50 Butterfly	14
15	12&Under 200 IM	16
17	13 & Over 100 IM	18

Saturday, January 9: Session II

Warm-up 7:30-8:15a Meet starts 8:30a

Girls	Events	Boys
19	11-12 50 Freestyle	20
21	13&Over 200 Breaststroke	22
23	11-12 50 Breaststroke	24
25	13&Over 200 Backstroke	26
27	11-12 50 Backstroke	28
29	13&Over 200 Butterfly	30
31	11-12 50 Butterfly	32
33	13&Over 200 IM	34
35	11-12 100 IM	36
37	Open 1000 Freestyle	38

Saturday, January 9: Session III

Warm-up 12:00-12:30p Meet starts 12:45p

Girls	Events	Boys
39	9-10 50 Freestyle	40
41	8&Under 25 Freestyle	42
43	9-10 50 Breaststroke	44
45	8&Under 25 Breaststroke	46
47	9-10 50 Backstroke	48
49	8&Under 25 Backstroke	50
51	9-10 50 Butterfly	52

53	8&Under	25 Butterfly	54
55	9-10	100 IM	56
57	8&Under	100 IM	58

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Entry Summary

In addition to returning your completed entry form, please fill out the requested information below and mail with your check payable to Indian Creek Aquatic Club to the entry chair at the address shown.

Entry Chair: Brad Smith
 105 Dunn Drive
 Trafalgar, IN 46181
 317-850-1689 cell
 317-878-2136 pool
bsmith@nhj.k12.in.us

Team Name _____ Code _____

Entry Chair _____

Address _____

Phone _____ Email _____

Coaches Names _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for the good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the understanding shall indemnify and hold harmless USA Swimming, Indiana Swimming, Indian Creek Aquatic Club, the Nineveh-Hensley-Jackson United School Corporation, and each of their respective officers, agents, employees, members, and members of the foregoing and all other persons in any way and claims arising out of in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of this meet.

Executed _____, 20____

Team Representative Signature _____

Total Number of Swimmers Entered _____ x\$1.50 = _____
(Indiana Swimming surcharge)

Number of Girl Entries _____ x\$3.50 = _____

Number of Boy Entries _____ x\$3.50 = _____

TOTAL DUE = _____

How would you like results sent to you?

_____ Hard Copy (snail mail or .htm/.pdf file emailed)

_____ Meet Manager Back-up (Emailed)

_____ Team Manager .cl2 file (Emailed)

_____ All of the above

Email address to send above: _____