

**SARG Ice Breaker  
January 23-24, 2010**

**SANCTION:** This meet is sanctioned by USA Swimming and Indiana Swimming. IN Sanction Number **IN10145**.

**LOCATION:** Southridge HS Pool  
1110 S. Main St.  
Huntingburg, IN 47542

**FACILITY:** Six lane, 25-yard pool with non-turbulent lane lines. We will be using electronic timing with stopwatch back-up times. HY-TEK Meet Manager will be used to run the meet. **All 25 yard events will start from the shallow end in the water and finish with touch pads at the deep end.**

**COACHES:** Coaches **MUST** display their USA Swimming Coach Credential to gain deck access. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply.

**RULES:** Current USA Swimming and Indiana Swimming rules will govern this meet. USA Swimming Rules 202.3--At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Directors or Meet Referee shall assist the athlete in making arrangements for such supervision. Coaches and Officials must be registered with USA Swimming in order to be on the deck in the capacity and must constantly display their coach or official credentials. Access to the pool deck will be limited to coaches, swimmers, and working officials. Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of 1/23/10 shall determine the swimmer's age for the entire meet. All swimmers must compete in their own age group. If a team has a swimmer with special needs, please advise the head referee. **Head Referee reserves the right to use fly-over starts if deemed necessary. Events may be combined when possible to speed up the meet. Those events will be awarded separately.**  
**10. EFFECTIVE (OCTOBER 1, 2009) USA Swimming Swim Suit Rule (102.9.1 B) wording shall be added to all meet letters**

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**MEET FORMAT:** All events will be Timed Finals. SARG Swim Club reserves the right to limit the number of heats in all events to keep the time line manageable. If a swimmer is cut from an event, refunds will be given for that event only. **No other refund will be given.** If a swimmer misses their heat in an event, the only penalty is the missed event. All teams are asked to provide 2 timers per session. **All Individual 8 & Under events will be scored 6 & Under and 7 & 8 and 13 & Over events will be 13 &14 and 15 & over.**

**ENTRY LIMIT:** Each swimmer is limited to 5 individual events and 2 relay events per day. If a swimmer is entered in more than the limit of events, the entry will be made by number order of events starting with Event #1 until the limit is satisfied. In the event that the meet is over-entered, SARG Swim Club reserves the right to determine which entries to

accept.

ENTRY FEES: \$4.00 per Individual Events  
\$6.00 per Relay  
\$6.00 per On-Deck Individual Entry\*  
\$8.00 per On-Deck Relay Entry\*  
Indiana Swimming Athlete Surcharge, per swimmer: \$1.50  
Please make checks payable to SARG. **There will be no refunds.**  
\*On-Deck entries will be accepted only if the meet is not full.

ENTRY DEADLINE: Entries will be accepted starting December 18, 2009. Entry deadline will be January 8, 2010. We will extend the deadline if the meet is not full. HY-TEK users may send their entry on a 3.5-inch disk. All disks must be sent with a printed copy as well. E-mail entries are encouraged. Any entry, with more than 4 swimmers, not submitted as a HY-TEK file, will have a \$25.00 surcharge added.

#### ENTRY

CHAIRPERSON: Please send all entries to:  
**Amy Kaetzel**  
**2014 N. Erin Ct.**  
**Huntingburg, IN 47542**  
**Email: amykaetzel@yahoo.com**

#### CO-MEET

DIRECTORS:	Amy Kaetzel	Steve Miles
	2014 N. Erin Ct.	602 W. Mary St./P.O. Box 97
	Huntingburg, IN 47542	Holland, IN 47541
	(812)827-0036	(812)536-2434
	amykaetzel@yahoo.com	jsmiles@psci.net

\*If there is a problem on the day of the meet, please call Steve (812) 639-0981 or Amy (812)827-0036 to reach meet personnel.\*

AWARDS: Ribbons will be awarded for 1st through 12th places in individual events and 1st through 6th place for relays. High-Point awards will be presented for each age group: 6&Under; 7&8; 9&10; 11&12; 13&14; 15&Over. Team trophies will be awarded for 1st through 3rd place.

#### CLERK OF

COURSE: There will be a Clerk of Course for 8&Under only.

SWIM SHOP: There will be a swim shop available for all of your swimming needs.

CONCESSIONS: A wide variety of concession items will be available. Psych sheets will be available at the concession stand for \$5.00.

#### HOSPITALITY

ROOM: SARG is very grateful to all Officials who are able to help officiate our meet. A Hospitality room will be furnished for all working Officials and Coaches.

FINAL RESULTS: Each team shall receive a HY-TEK file of meet results on disk or by

email. Individuals may purchase final results for \$5.00.

**SIGN-IN:** All swimmers are to sign in prior to warm-ups at the sign-in table. Sign-in sheets will be taken down 45 minutes prior to the start of the session. Any swimmer who fails to sign in will be scratched from the events that day and will not be given a refund of entry fees.

**BEHAVIOR:** The SARG Swim Team is very grateful to the Southwest Dubois School Corporation for the use of the pool and High School facilities. Please help to keep the pool area clean and pick up your trash. We reserve the right to expel for the remainder of the meet, with no refund of entry fees, any swimmer or other person attending this meet who is caught being excessively rowdy, destructive, using foul language, or in any unauthorized areas. **Coaches and parents are expected to keep their swimmers under control at all times.** It is recommended that swimmers leave all valuables with an adult. No responsibility for lost or stolen articles will be assumed by SARG or the Southwest Dubois School Corporation except to prove a lost-and-found, which will be located at the concession area.

<b>LODGING:</b>	Quality Dutchman Inn	Motel 6	Baymont Inn & Suites
	406 E. 22nd St	US 231 & I-64	US 231 & I-64
	Huntingburg, IN	Dale, IN	Dale, IN
	812-683-2334	812-937-2294	812-937-7000
	800-228-5151	800-4MOTELS	877-229-6668

**SCHEDULE:** \*\*ALL TIMES ARE EASTERN TIMES\*\*

- Session 1:** Saturday, January 23, 2010  
Warm-ups begin at 8:00am  
Meet begins at 9:00am
- Session 2:** Saturday, January 23, 2010  
Warm-ups begin after AM session but not before 11:00am.  
Meet will begin 15 minutes after warm-up ends.
- Session 3:** Saturday, January 23, 2010  
Warm-ups begin after Session 2, but not before 1:00pm.  
Meet will begin 1 hour after warm-up begins.
- Session 4:** Sunday, January 24, 2010  
Warm-ups begin at 8:00am  
Meet begins at 9:00am
- Session 5:** Sunday, January 24, 2010  
Warm-ups begin after AM session but not before 11:00am.  
Meet will begin 15 minutes after warm-up ends.
- Session 6:** Sunday, January 24, 2010  
Warm-ups begin after Session 5, but not before

1:00pm.  
Meet will begin 1 hour after warm-up begins.

EVENTS:

**Saturday AM, Session 1**

Warm-ups 8:00am - 8:45am. Meet starts at 9:00am.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
1	11&12	200 IM	2
3	13&Over	200 IM	4
5	11&12	100 Freestyle	6
7	13&Over	50 Freestyle	8
9	11&12	50 Backstroke	10
11	13&Over	200 Backstroke	12
13	11&12	100 Breaststroke	14
15	13&Over	100 Breaststroke	16
17	11&12	50 Butterfly	18
19	13&Over	200 Butterfly	20
21	11&12	200 Medley Relay	22
23	OPEN	200 Medley Relay	24

**Saturday PM, Session 2**

Warm-ups: Immediately following AM session but not before 11:00am.  
Meet starts 15 minutes after warm-ups begin.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
25	*OPEN	500 Freestyle	26

\*Events 25 & 26 will be swam OPEN but swimmers will be scored for their age groups.

**Saturday PM, Session 3**

Warm-ups: Immediately following Session 2 but not before 1:00pm.  
Meet starts 1 hour after warm-ups begin.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
27	8&Under	100 Freestyle	28
29	9&10	100 Freestyle	30
31	8&Under	50 Backstroke	32
33	9&10	50 Backstroke	34
35	8&Under	50 Breaststroke	36
37	9&10	50 Breaststroke	38
39	8&Under	25 Butterfly	40
41	9&10	100 Butterfly	42
43	8&Under	25 Freestyle	44
45	9&10	200 Freestyle	46
47	8&Under	100 Medley Relay	48
49	10&Under	200 Medley Relay	50

### Sunday AM, Session 4

Warm-ups: 8:00am - 8:45am. Meet begins at 9:00am.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
51	11&12	200 Freestyle	52
53	13&Over	200 Freestyle	54
55	11&12	100 Backstroke	56
57	13&Over	100 Backstroke	58
59	11&12	50 Breaststroke	60
61	13&Over	200 Breaststroke	62
63	11&12	50 Freestyle	64
65	13&Over	100 Freestyle	66
67	11&12	100 Butterfly	68
69	13&Over	100 Butterfly	70
71	11&12	200 Freestyle Relay	72
73	OPEN	200 Freestyle Relay	74

### Sunday PM, Session 5

Warm-ups: Immediately following AM session but not before 11:00am.

Meet starts 15 minutes after warm-ups begin.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
75	*OPEN	400 IM	76

\*Events 25 & 26 will be swam OPEN but swimmers will be scored for their age groups.

### Sunday PM, Session 6

Warm-ups: Immediately following AM session but not before 1:00pm.

Meet starts 1 hour after warm-ups begin.

<b>Event #</b>			<b>Event #</b>
<b>Girls</b>			<b>Boys</b>
77	8&Under	100IM	78
79	9&10	200 IM	80
81	8&Under	25 Backstroke	82
83	9&10	100 Backstroke	84
85	8&Under	25 Breaststroke	86
87	9&10	100 Breaststroke	88
89	8&Under	50 Butterfly	90
91	9&10	50 Butterfly	92
93	8&Under	50 Freestyle	94
95	9&10	50 Freestyle	96
97	8&Under	100 Freestyle Relay	98
99	10&Under	200 Freestyle Relay	100

RESULTS:

Please check how you would like to receive you results:

\_\_\_\_\_ Hard Copy

\_\_\_\_\_ Meet Manager Backup

\_\_\_\_\_ Team Manager

\_\_\_\_\_ ALL of the above

Email address to which above should be sent: \_\_\_\_\_

**OFFICIALS NEEDED!**

**SARG would greatly appreciate any help that Officials from your team can provide. Please indicate the names of your Officials and the sessions they would be willing to work. THANK YOU!!**

	Name	Session #	Position
1.	_____		
2.	_____		
3.	_____		
4.	_____		
5.	_____		

**SUMMARY OF ENTRIES**

Please supply the information requested below and mail with your Entry Form, Disk, and Check to Entry Chairperson. Make checks payable to SARG.

Club Name: \_\_\_\_\_ Code: \_\_\_\_\_

Number of Swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_

Indiana Swimming Athlete Surcharge, \$1.50 per swimmer Total \_\_\_\_\_

Number of Boys' Entries \_\_\_\_\_ x \$4.00 each = \$ \_\_\_\_\_

Number of Girls' Entries \_\_\_\_\_ x \$4.00 each = \$ \_\_\_\_\_

Total Number of Relay Entries: \_\_\_\_\_ x \$6.00 each = \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

Club Official Submitting Entry:

Coach's Name:

Name: \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

\_\_\_\_\_

State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

In consideration of your acceptance of this entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators, waive and release any and all claims for damages we may have against USA Swimming, Inc., Indiana Swimming, Inc., Southwest Dubois School Corporation, Southridge Aquatic Raider Gators, their representatives, successors, and assignees for any and all injuries to us at said meet.

Authorized Club Signature: \_\_\_\_\_

You may have one designated spokesperson for your team to talk to the Referee or Clerk of Course. The coach would be the logical person. Please list the name of your representative.

\_\_\_\_\_

Check List:

Did you include:

Entry Sheet  This completed form  Disk  Summary of Entries