



**Presents Its' 14<sup>th</sup> Annual Fall Invitational  
2009 IN SSC SWIMFEST  
October 16<sup>th</sup>-18<sup>th</sup>  
Fishers High School Natatorium**

- SANCTION:** This meet is sanctioned by USA and Indiana Swimming. Sanction #IN09013.
- HOST:** Southeastern Swim Club; P.O. Box 327; Fishers, Indiana 46038
- FACILITY:** **Fishers High School Natatorium**, 13000 Promise Rd; Fishers, IN, 46038
- COMPETITION POOLS:** The meet will be held at the Fishers High School 50 meter pool. **Two** short course yard competition pools will be in use during all sessions, **unless entries dictate the use of only one pool**. Limited continuous warm-up and warm-down will be provided. As well, if the timeline permits, a short warm-up and warm-down break may be taken during each session.
- MEET FORMAT:** This meet is divided with one session on Friday evening and two sessions each on Saturday and Sunday. The Friday night session will be for the 9-10 and 11-12 distance events, and the 13 & Over 50 yard events. All events will be timed finals.

**Since this is an early season developmental meet, 8 & under swimmers will only be swimming 25-yard events during the Sunday morning session.** We have enclosed a first timer's "information sheet" on Page 10 for new parents and athletes. Please feel free to duplicate and distribute this to all families who have not previously attended a meet. Please notify your swimmers that fly-over starts may be used throughout the meet.

SSC reserves the right to limit **any** or combine selected events to complete the session within the requirements of USA Swimming and Indiana Swimming. In the event that entries are limited, SSC will return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s). The meet entry chairperson will notify all accepted teams of any limited events in the correspondences that are sent out on October 5th. Please check our website [www.southeasternswim.org](http://www.southeasternswim.org) for meet updates. Psych sheets for any limited events will be posted on the website by 6:00 P.M. on Thursday, October 15. Every effort will be made to observe a 15-minute interval between swims for the entire meet. However, the meet will not be significantly delayed to accommodate maintaining that interval, particularly during the 50's on Friday night. **Remember that it is a coach's responsibility to notify the meet referee in advance if there is any concern with respect to the 15 minute courtesy rest period.**

The 1650 yard freestyle events are offered as Open events and are scheduled at the end of the Sunday morning session. SSC reserves the right to run two swimmers per lane for part, or all heats, of the 1650. This decision will be based on the number of entries received and the timeline. Preference for this event may be given to SSC swimmers. If the event is swum with more than one swimmer per lane, the event will not be scored for team scores. These heats will be swum in order from fastest to slowest using two pools. Each swimmer will be required to provide a counter and one timer.

Pool assignments will be based on the number of entries received in each event and will reflect a balanced timeline. Information regarding pool assignments will be available in the coaches' packets as well as posted throughout the natatorium.

Sign-in sheets will come down **45 minutes** before the start of each session. As soon as scratches are completed, heat and lane assignments for each event will be posted. **This will be a cardless meet with no clerk of course for swimmers ages 11 and over.** A clerk of course will be used for the 9-10 and 8 & under age groups, on Saturday and Sunday only. There will be no clerk of course on Friday.

**ENTRY FORMAT:**

Regardless of the times you submit, all times **not entered** in short course yards will be converted to short course yards by Hy-Tek's Meet Manager. Hy-Tek Team Manager meet entry file will be accepted by E-mail or disk (E-mail preferred). Hand entries for 3 swimmers or less will be accepted. They must be on the attached entry form with USA Swimming registration numbers for each swimmer. There will be a \$25 total surcharge for hand entries. Be sure that you age-up your swimmers before constructing your entry. When entering the 50 yard events for 13 & Over swimmers on Friday night, please use split times or an estimate so that the heats will be swum accordingly. Do not use **NO TIME** in these events unless you are entering a new swimmer. We want the Friday night 50-yard heats to be seeded as accurately as possible.

**ENTRY LIMITS:**

8 & under swimmers will be limited to 4 individual events on Sunday Morning. All swimmers ages 9-12 will be limited to 10 individual events for the entire meet and no more than 4 individual events per day. Swimmers who are 13 or over are limited to 12 individual events for the entire meet, but no more than 4 individual events per day. If an entry is submitted with an individual in more events than allowed, the swimmer will be entered into the order of events until the rule is satisfied. No entries will be accepted unless the entrant is registered with USA Swimming.

**ENTRY FEES:**

Individual events: \$4.00 each.  
There will also be a \$1.50 per swimmer surcharge assessed by Indiana Swimming.  
Deck Entries: Individual \$8.00 each.  
Please send one check made payable to *Southeastern Swim Club* that covers all entries for your team.

ELIGIBILITY:

Current USA Swimming and Indiana short course rules will govern this meet. Swimmer(s) must be registered with USA Swimming to be accepted into the meet. According to USA Swimming Rule 202.3.2 – At a sanctioned competitive event, USA swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision, if needed. Age as of October 16, 2009, shall determine the swimmer's age for the entire meet. All swimmers must be registered with USA Swimming to be accepted into the meet.

SWIMWEAR RULES:

The following rules apply for all 12 and under swimmers.

- A. Swimsuits worn must be non-transparent and conform to the current concept of appropriate.
- B. "All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee." Textile fabric is defined as material consisting of natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting and/or braiding.
- C. The referee shall have the authority to bar offenders from the competition until they comply with the rule.

DEADLINE:

**No entries will be accepted before 8:00 A.M. on Monday, September 28 or after 5:00 P.M. Friday, October 2.** The deadline may be extended if the meet does not fill. All entries must arrive via E-mail (preferred method), U.S. Mail or other parcel carrier. We suggest using Federal Express or UPS if not using E-mail. No hand deliveries by club personnel will be accepted. Any entries arriving before the entry deadline will not be processed until all entries received during the entry period are processed. If you are e-mailing your Hy-Tek Team Manager file, an E-mail confirmation will be sent within 24 hours of receipt of the file. This does not acknowledge acceptance into the meet, only receipt of the file. Should you not receive this confirmation please contact the entry chair by telephone prior to the entry deadline. We will accept corrections or additions until Friday, October 9, at 5:00 P.M. with no penalty. All entries submitted after this deadline will be considered deck entries and be subject to that fee. Please include the entire entry file when submitting changes. Because of the short time between the entry deadline and the meet, our preference is to send the acceptance/rejection letters using E-mail by 5:00 P.M. on October 5th. However, if this is not available, U.S. Mail will be used. Included with all acceptance letters will be notification of any limited events. After you have been accepted, please return your meet summary page with payment in full.

Any necessary phone calls to the entry chair **must** be limited to those made by either the coach or the club official submitting the entry. Please send **entry forms, fees, & summary page** to:

Susie Booth  
13213 Knoll Ridge  
Fishers, Indiana, 46038  
Phone: (317) 842-9332  
Email: [susiebooth@comcast.net](mailto:susiebooth@comcast.net)

**AWARDS:** Ribbons will be awarded for places 1-16 in individual events. Awards will be given according to the following age classifications: 8 & U, 9-10, 11- 12, 13-14, 15-16, and 17 and Over. Trophies will be awarded for the top 3 team finishers. Individual events will be scored as follows: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.

The exception to this will be the 13 and Over 50's on Friday night. Instead of ribbons in each of those events, a unique award will be given to only the 1<sup>st</sup> place finisher based on his/her aggregate times in all four 50 yard events and will be awarded to the following age classifications: 13, 14, 15, 16, 17 & Over. However, the results of these 50's events will be included in the team scores using the 13-14, 15-16, and 17& Up age classifications and applying the point system stated above.

**WARM-UPS:**

FRIDAY EVENING:	5:00 - 5:45 P.M.
SATURDAY MORNING:	7:00 - 7:45 A.M.
SATURDAY AFTERNOON:	at completion of AM session but not before 1:00 PM.
SUNDAY MORNING:	7:00 - 7:45 A.M.
SUNDAY AFTERNOON:	at completion of AM session but not before 1:00 PM.

**SIGN-IN:** Swimmers, coaches, officials, and volunteers must all sign in. All coaches must show proof of **current** USA Swimming registration to gain deck access and must constantly display those credentials throughout the meet. The meet referee reserves the right to ask for coach credential display and/or refuse deck access to any coach not displaying proper credentials or if card is not current or valid. Remember: Swimmer sign-in sheets will come down **45 minutes** before the start of each session.

**HOSPITALITY:** A hospitality area will be available for coaches, officials, and volunteers only.

**FACILITY NOTE:** Since we are renting this new facility, we are expected to treat it as if it were ours. Swimmers, coaches, officials, and spectators must abide by these rules:

1. Keep all trash picked up.
2. No sound devices or objects such as balls, radios, etc. that is an inconvenience to swimmers, coaches, officials, or workers will be allowed.
3. **NO GLASS WILL BE ALLOWED ON DECK!**
4. Only coaches, athletes, officials, and volunteers will be allowed entry to the pool deck. As per insurance regulations, no parents (except volunteers) will be allowed on the deck.
5. No personal chairs will be allowed in the spectator area.
6. No camping in the spectator area or hallways. Camping will be allowed only in the auxiliary gym.
7. Do not go or let children go to any unauthorized areas

**Anyone caught abusing the facilities will be asked to leave the meet IMMEDIATELY and the team will be billed for any damages caused by their swimmers!**

ADMISSION: Admission: \$5.00-Friday; \$5.00-Saturday; \$5.00-Sunday, or an all weekend pass for \$12.00. Children 10 and under are free. There will be a charge for the printed Psych sheets available at the door. Postings of Heat Sheets and Psych Sheets will be available on [www.southeasternswim.org](http://www.southeasternswim.org) as time allows by the head table. Concessions also will be available.

PARKING: Free parking will be available. Please enter the school off 131<sup>st</sup> and park to the east and south of the building. Entrance to the school will be through entrance #FH6.

HOTELS: Check out area Hotels and Room block @ [www.southeasternswim.org](http://www.southeasternswim.org)

DIRECTIONS: Detailed directions and map may be found @ [www.southeasternswim.org](http://www.southeasternswim.org)

MEET  
DIRECTORS:

Eric Kennedy  
7192 Fox View Trail  
New Palestine, IN 46163  
Phone: 317-709-0470  
Email: [eric@kennedyveneer.com](mailto:eric@kennedyveneer.com)

Mike Netherton  
10520 Chestnut Hill Circle  
Fishers, IN 46037  
Phone: 317-965-1598  
Email: [michaeln@professionallightingservices.com](mailto:michaeln@professionallightingservices.com)

# 2009 IN SSC SwimFest

## Schedule of Events

### FRIDAY EVENING

Warm-ups at 5:00 P.M. Meet starts at 6:00 P.M.

Note: The number of heats for each Friday event may be limited due to timeline constraints

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
1	9-10	200 yd IM	2
3	11-12	200 yd IM	4
5	9-10	200 yd Freestyle	6
7	13&O	50 yd Butterfly	8
9	13&O	50 Breaststroke	10
11	13&O	50 yd Backstroke	12
13	13&O	50 yd Freestyle	14
15	11-12	500 yd Freestyle	16

### SATURDAY MORNING

Warm-ups at 7:00 A.M. Meet starts at 8:00 A.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
17	13-14	200 yd IM	18
19	13-14	100 yd Butterfly	20
21	13-14	200 yd Backstroke	22
23	13-14	100 yd Freestyle	24
25	13-14	200 yd Breaststroke	26
27	13-14	500 yd Freestyle	28
29	15&O	200 yd IM	30
31	15&O	100 yd Butterfly	32
33	15 &O	200 yd Backstroke	34
35	15&O	100 yd Freestyle	36
37	15 &O	200 yd Breaststroke	38
39	15 &O	500 yd Freestyle	40

### SATURDAY AFTERNOON

Warm-ups not before 1:00 P.M Meet starts not before 2:00 P.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
41	11-12	100 yd Butterfly	42
43	11-12	50 yd Backstroke	44
45	11-12	100 yd Freestyle	46
47	11-12	50 yd Breaststroke	48
49	11-12	200 yd Freestyle	50
51	9-10	100 yd Butterfly	52
53	9-10	50 yd Backstroke	54
55	9-10	100 yd Freestyle	56
57	9-10	50 yd Breaststroke	58

# 2009 IN SSC SwimFest

## Schedule of Events

### SUNDAY MORNING

Warm-ups at 7:00 A.M. Meet starts at 8:00 A.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
59	8&U	25 yd Butterfly	60
61	8&U	25 yd Backstroke	62
63	8&U	25 yd Freestyle	64
65	8&U	25 yd Breaststroke	66
67	13-14	400 yd IM	68
69	13-14	200 yd Butterfly	70
71	13-14	100 yd Backstroke	72
73	13-14	200 yd Freestyle	74
75	13-14	100 yd Breaststroke	76
77	15&O	400 yd IM	78
79	15&O	200 yd Butterfly	80
81	15&O	100 yd Backstroke	82
83	15&O	200 yd Freestyle	84
85	15&O	100 yd Breaststroke	86
87	OPEN	1650yd Freestyle	88

### SUNDAY AFTERNOON

Warm-ups not before 1:00 P.M Meet starts not before 2:00 P.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
89	9-10	50 yd Butterfly	90
91	11-12	50 yd Butterfly	92
93	9-10	100 yd Backstroke	94
95	11-12	100 yd Backstroke	96
97	9-10	50 yd Freestyle	98
99	11-12	50 yd Freestyle	100
101	9-10	100 yd Breaststroke	102
103	11-12	100 yd Breaststroke	104

# SOUTHEASTERN SWIM CLUB

# 2009 IN SSC SwimFest

## Summary Page

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Indiana Swimming Athlete Surcharge # Boys \_\_\_\_\_ + # Girls \_\_\_\_\_ X \$1.50 \$ \_\_\_\_\_

Number of Boys' Individual Events \_\_\_\_\_ x \$4.00 each = \$ \_\_\_\_\_

Number of Girls' Individual Events \_\_\_\_\_ x \$4.00 each = \$ \_\_\_\_\_

**TOTAL AMOUNT ENCLOSED:** \$ \_\_\_\_\_

(Payable to Southeastern Swim Club)

Club Official Submitting Entry:

Coaches' Names:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone # \_\_\_\_\_

Fax # \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Please Check, in which form you, would like results sent to you:

\_\_\_\_\_ Hard Copy (snail mail or .html file E-mailed)

\_\_\_\_\_ Team Manager File .cl2 (E-mailed)

\_\_\_\_\_ Meet Manager Backup (E-mailed)

\_\_\_\_\_ All of the above

E-mail address to send above \_\_\_\_\_

### Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned for himself, his successors and assigns, hereby releases and forever discharges Southeastern Swim Club, and its Board of Directors, USA Swimming, Indiana Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless Southeastern Swim Club, USA Swimming, Indiana Swimming and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2009.

Signature of Club Official or Coach: \_\_\_\_\_

(\*\*Person who signs above is responsible for any fines imposed upon club.)

\*\*You may have one designated spokesperson for your team to talk to the referee. The coach would be the logical person.

Please list the name of your spokesperson: \_\_\_\_\_

Did you include? \_\_\_\_\_ Entry Forms or Hy-Tek Meet Manager Disc with Hard Copy Print out

\_\_\_\_\_ I have read the rules and understand all of them.

\_\_\_\_\_ Your Club's List of Officials

\_\_\_\_\_ Check

\_\_\_\_\_ Completed Summary Page



SOUTHEASTERN SWIM CLUB  
**2009 IN SSC SwimFest**  
**Officials**

In order for this meet to run as smoothly as possible, we would like to solicit your help in identifying officials from your club who might be willing to work at the meet. Please list names, phone numbers, and emails of those persons below. We will contact them as to their availability. Thank you very much! Feel free to contact *Eric Kennedy, Meet Director*, [eric@kennedyveneer.com](mailto:eric@kennedyveneer.com) with questions.

Club: \_\_\_\_\_

<b><u>OFFICIAL</u></b>	<b><u>PHONE NUMBER</u></b>	<b><u>EMAIL</u></b>
_____	_____	_____
_____	_____	_____
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Please include this sheet with your summary page as part of your entry.

# SOUTHEASTERN SWIM CLUB 2009 IN SSC SwimFest

## First Timers Information Sheet

Is this your swimmer's first meet? If so, Southeastern Swim Club would like to invite you to use this information sheet to assist both you and your swimmer as you prepare for this opening meet of the 2009-2010 short course season. Of course, your own club parents and coaches are your best sources of meet information. However, our intent here is to provide some helpful tips concerning procedures for those swimmers at their first meet. Please do not hesitate to call on any of our meet volunteers to answer other questions you may have. We are glad you are here and wish you a most enjoyable weekend of swimming!

### ***Don't forget to sign in once you arrive at the Meet?***

#### ***What is sign-in? How and why do we sign in?***

Sign-in sheets organized by gender and age will be posted when you arrive. To sign in, a swimmer needs to find his/her name on the appropriate sheet and highlight the entire row containing his/her name. This indicates to the meet host that the swimmer is present. If your swimmer is swimming in the Friday evening session, he/she must be signed in by 5:15 PM. In the morning sessions on Saturday and Sunday, sign-in must be completed no later than 7:15 AM. For the Saturday and Sunday afternoon sessions, the sign-in deadline is 12:45 PM. Once these time deadlines are reached, the sign-in sheets will be taken down. **At those times, any swimmer who has not signed in will be "scratched" or taken out of that day's session.** This is done so that the meet can be planned using only the swimmers who are present. Taking the absent swimmers out of the meet prevents having empty lanes and allows for a more efficient meet. The meet host then has about 45 minutes to "scratch" the absentees from the computer and "seed" the meet – i.e. assign heats and lanes to each swimmer in every event and publish that information to the coaches and swimmers. Please be sure to sign in by the deadlines, or your swimmer will be taken out of those sessions. Once your swimmer has signed in and "scratches" are completed, he/she is assigned a heat and lane for each event in which he/she is swimming. This information will be posted as soon as it is available. Your child should check with his/her coach to find out which heat and lane he/she will be swimming in for each event if he/she has any questions. Swimmers in events for ages 9/10 and 8 and under will have a clerk of course. These volunteers will help get the swimmers lined up prior to their event.

#### ***What happens after sign-in?***

Once your child has signed in, he/she will then enter the pool deck and find his/her coach. Because of USA Swimming rules and insurance regulations, **parents are not allowed to enter the pool deck.** Therefore, plan on saying "goodbye" and sending your child off to meet the coach. If you are uncomfortable with this, you will need to make plans to have your child pair up with a veteran swimmer for assistance. Please remember that there are no exceptions to the regulation that only swimmers, coaches, officials, and volunteers are allowed deck access. Parents should then proceed to the spectator stands. Please check the signs at the spectator entry to see which pool your child will be swimming in so that you know where to sit. The west pool is to the left and the east pool is the one closer to the diving well.

#### ***What happens when my child is finished swimming?***

When your coach tells your swimmer that he/she may leave, you will need to meet up with him/her – it would be good to pre-arrange a meeting place with your swimmer before the meet. Remember: You will not be allowed to go on deck to get your child, but your child will be allowed to come to the spectator area.

#### ***What do I do if my child loses something at the meet?***

Unfortunately, many times misplaced items seem to disappear. However, there is a lost and found table; please feel free to check here for lost items.

***Most of all have fun and enjoy your first meet and feel free to ask any of our parent volunteers for help!***